 Catch the sermon at
cathedral.org.sg/youtube

Sermon on 20/21 June

The Surpassing
Worth of Christ
Philippians 3

Revd Andrew Yap

foundations of
FAITH

20/21 JUNE 2026

COLLECT
THIRD SUNDAY AFTER TRINITY

Almighty God, you have broken the tyranny of sin and have sent the Spirit of your Son into our hearts whereby we call you Father. Give us grace to dedicate our freedom to your service, that all mankind may be brought to the glorious liberty of the sons of God; through Jesus Christ our Lord. Amen.

LECTIONARY READINGS

Genesis 21:8-21

Psalms 86:1-10, 16-17

Romans 6:1b-11

Matthew 10:24-39

 cathedral.org.sg

 [standrewscath](https://standrewscath.org)

 [standrewscathedral](https://standrewscathedral.org)



ST ANDREW'S CATHEDRAL,
11 St Andrew's Road, Singapore 178959.
Tel: 63376104 Email: info@cathedral.org.sg

Bishop of Singapore and Dean The Most Revd Dr Titus Chung
Vicar Revd Dr Christopher Chan
Clergy Revd Moses Israeli, Revd Daniel Lim, Revd Andrew Yap
Auxiliary Clergy Revd Canon Dr Louis Tay
Auxiliary Deaconess Ds June Tan, Ds Ti Lian Swan

PRAYER HIGHLIGHTS



THE WORLD

Pray for the Middle East as renewed military confrontations involving Israel, Iran, and Lebanon continue to raise concerns over civilian casualties, displacement, and the possibility of a wider regional conflict. Commit the leaders of these nations to the Lord, that He would grant them wisdom and restraint, and guide them in the ways of peace. Pray for lasting reconciliation and stability in the region. Remember also humanitarian workers and local churches serving those affected by the conflict. May the Lord protect and strengthen them, and enable them to bear witness to Christ's love and hope amid suffering and uncertainty.

SINGAPORE

Pray for those facing unemployment and uncertainty amidst changing economic conditions and rapid technological change. Ask the Lord to sustain and encourage them as they seek new opportunities, granting them wisdom, resilience, and hope for the future. Pray also for their families, that God will provide for their needs and uphold them during times of uncertainty. Remember especially their mental and emotional well-being, that they may find comfort, peace, and assurance in the Lord.

DIOCESE

For Yishun Christian Church (Anglican), pray that members will humble themselves through personal brokenness, to facilitate God's work in their lives. Pray they will forge deeper formational relationships with one another through various means such as connect groups, serving together in ministry and through their interactions with one another. Pray that they will grow in their understanding of God's truth and in their appropriation of His word to their life challenges and circumstances. Pray also that they will be channels of blessing to a world in need of Christ through acts of service and compassion.

CATHEDRAL

Pray for our Senior Members' Fellowship. We thank God for the activities and programmes that provide fellowship, encouragement, and spiritual support for our senior members. Pray that they will continue to grow in their faith and deepen their fellowship with the Lord and with one another. Remember also the volunteers who faithfully serve in this ministry. May the Lord strengthen and encourage them as they use their gifts and time to support and care for others.

upcoming events

JUN 18-22 • MWS Mission Trip (Thailand)
20 • DivorceCare
27 • YA Talk
28 • BMW Talk

JUL 1 • Alpha
2 • The Parenting Children Course
4 • 289FOTM
• ABC Outreach
• DivorceCare

JUL 5 • BMW Outreach
8 • Alpha
9 • Health & Frailties in Senior Years
• The Parenting Children Course
12 • BMW Outreach
15 • Alpha
16 • The Parenting Children Course
• Hearing & Sleep Health Talk
18 • DivorceCare
18-19 • Ministry Fair
19 • BMW Outreach

Services at the Cathedral

In English		
TIME	HOLY COMMUNION	VENUE
Sat 4.45pm	2nd and 4th week	CNS
Sun 8.00 am	Weekly	Nave
Sun 9.30 am	2nd and 4th week	CNS
Sun 11.30 am*	1st, 3rd & 5th week	Nave
Sun 2.00 pm (Youth**)		NT Hall
Sun 4.30 pm	Weekly†	Nave
Wed 12.30pm	Weekly	Nave
In other languages		
Sun 2.30 pm (Myanmar)	Weekly	CNS

- * The Morning Prayer Service will be in session on the 2nd and 4th Sunday.
- ** There is no Youth Service on the 4th Sunday of the month.
- † The Evensong Service will be in session on the last Sunday and there will be no administration of Holy Communion.

2026 Follow weekly reflection questions at: cathedral.org.sg/ss

JUNE

6 & 7

To Live is Christ, To Die is Gain

Philippians 1

Revd Dr Arthur Chern

13 & 14

The Heart of Humility

Philippians 2

Revd Moses Israeli

20 & 21

The Surpassing Worth of Christ

Philippians 3

Revd Andrew Yap

27 & 28

Rejoice Always!

Philippians 4

Revd Dr Christopher Chan

JULY

4 & 5 (Youth Sunday)

Tell the Coming Generation!

Psalms 78:1-8

Mr Justin Peng

11 & 12

Guard the Faith

Titus 1

Revd Daniel Lim

18 & 19

Sound Doctrine, Good Works

Titus 2

Revd Dr Christopher Chan

25 & 26

Titus 3

Revd Andrew Yap

foundations of
FAITH

Next GEN MINISTRY

Building up every child towards spiritual maturity

The NextGen Ministry brings together the Children Ministry, Youth Ministry and Young Adult Ministry with the aim of building up every child towards spiritual maturity as they grow from a toddler into adulthood.

To find out more, contact nextgen@cathedral.org.sg



CHILDREN MINISTRY Preschool - Primary 6 (ages 3 - 12)

City Kids | Saturday
4.45pm | Prayer Halls (B1)

Faith Kids 1 | Sunday
9.30am | Prayer Halls (B1),
Classrooms (B2)

Faith Kids 2 | Sunday
11.15am | Prayer Closets
1/2/3 (Nave L2)

[Click to join](#)
Children Ministry

SHALOM FRIENDS (ages 13 - 25)

Shalom Friends reaches out to youths with Autism Spectrum Disorder (ASD). Due to the nature of the ministry, Shalom Friends will cater for youths up to 25 years old.

Saturday 2.00pm
SAC B1 Prayer Halls

[Click to join](#)
Shalom Friends



CATHEDRAL YOUTH MINISTRY (ages 13 - 25)

First 3 Sundays
of the month
YOUTH SERVICE
2pm @ North Transept Hall

METAMORPHOSIS
11am @ Classroom A



<https://tinyurl.com/SACYM>



sa.cathedralyouth



CATHEDRAL YOUNG ADULTS SATURDAY LIFE (ages 25 - 35)

The Cathedral Young Adults Ministry is a place for young adults to connect, grow and serve together over meals, sharing and discussions.



Join the Young Adults telegram for the latest news!



**Unpack the
Christian faith
together.**



Alpha is a safe, open space for anyone who is curious about life and faith.

Open to anyone seeking Jesus, sceptical about God, or exploring Christianity, our sessions are built around authentic & open conversation. Register now!

Every Wednesday

1 Jul - 2 Sep 2026

7pm - 9pm

Prayer Halls,

St Andrew's Cathedral



Find out more and register by 22 Jun at: cathedral.org.sg/alpha

Senior Members' Fellowship

Health and Frailties in Senior Years

Talk by Bishop Emeritus Dr Robert Solomon

9 July, Thurs, 10.30am - 12pm
Prayer Halls, Basement 1

Topics covered:

- Staying healthy
- Coping with Declining Health
- Dealing with the Fear of Death
- Dealing with Bereavement
- Dealing with Depression
- The Fear of Losing Our Memory



Register by 6 July at
forms.gle/sHuMDRDGiBdWGzAA

Bishop Emeritus Robert M Solomon was Bishop of The Methodist Church in Singapore from 2000-2012. He served previously as a medical doctor, church pastor, principal of Trinity Theological College and president of the National Council of Churches of Singapore. Trained in medicine, theology, and inter-cultural studies, he obtained his PhD in pastoral theology from the University of Edinburgh.





PKH Cambodia Medical Mission Trip

Still calling for doctors to join us in sharing the love of Christ by serving the local community in Cambodia.

Trip dates: 14 - 18 Oct 2026 (Wed - Sun)

Location: Cambodia (Chbarmon & Trang)

Flight tickets: \$300 - \$350

(to self-purchase together with travel insurance)

Requirements:

- Attend training on **12 Sept 2026 (Sat), 1-4pm @ SAC**
- Agree to room sharing
- Be prepared for devotional sharing and to submit post-trip reflection
- Healthy / physically able to climb at least 2 floors
- A heart to serve and willingness to adapt



Register by
2 Aug 2026

PKH Cambodia Year-End Camp

A combined camp for PKH's hospitality and industrial skills students

Calling for enthusiastic, team-oriented volunteers who have a heart to invest in the lives of our PKH students.

Trip dates: 23 - 28 Oct 2026 (Fri - Wed)

Location: Cambodia (Chbarmon, Aoral & Trang)

Flight tickets: \$300 - \$350

(to self-purchase together with travel insurance)

Total Cost: approx \$450 - \$500

(includes airfare, transport, food and lodging)

Requirements:

- Compulsory training on **29 Aug, 12, 26 Sep & 10 Oct (Sat), 10am - 1pm**
- Agree to room sharing
- Be prepared for devotional and testimonial sharing
- A heart to serve and willingness to adapt



Register by
9 Aug 2026.
(Limited spaces available)



Spiritual Care for the Ageing

True holistic care involves not just physical and mental health, but includes understanding and meeting spiritual needs as well. This course is built on eight modules, providing participants with a realistic understanding of the ageing process and practical techniques for coping with the losses that age brings.

8 Saturdays

22 Aug – 10 Oct 2026, 9:30 am - 12:00 pm

St Andrew's Cathedral, Prayer Halls

Course Fee: \$35 per person



Register now at: cathedral.org.sg/discipleship/spiritual-care-ageing/
Registration closes 10 Aug or when all spaces are filled.

Course syllabus:

- Understanding the ageing journey
- Spirituality in ageing
- Good communication
- The power of storytelling
- Dementia
- A new home and a new way of life
- Loss, grief, death and dying
- Roles, boundaries and self-care

This course is for:

- caregivers
- those who minister to the elderly
- people looking to age well



Dear Heavenly Father,

*Thank You for the fathers and father figures
You have placed in our lives to care for and
guide us.*

*We pray that You bless them with abundant
grace, good health, divine wisdom and deep
joy as they continue to lead their families
and flocks. May they grow from strength
to strength, reflecting Your goodness and
glory to those around them.*

In Jesus' name, Amen.





The
Parenting
Children
Course

The Parenting Children Course (TPCC)

This course is designed to help parents and carers of children aged 1 to 10 years equip their children for life. Developed by Nicky and Sila Lee from HTB London, this course is one of the programmes offered by Alpha Singapore.

Open to participants residing in Singapore.

Over nine sessions, there will be video talks featuring parenting experts and parents sharing their real-life experiences, as well as small group discussion time for participants to share and learn from one another.

Dates and Times:

**Online via Zoom: 9 Thursdays (2, 9, 16, 23 & 30 Jul; 6, 13, 20 & 27 Aug)
8pm – 9.30pm**

Onsite at St Andrew's Cathedral: 1 Saturday (18 Jul), 2 – 4pm

Topics include:

- Building strong foundations
- Meeting our children's needs
- Setting boundaries
- Teaching healthy relationships
- Our long term aim

Course Fee: \$20/person or \$35/couple

PayNow UEN T08CC4055LT01

Internet Transfer: St Andrew's Cathedral (Acct No DBS 033-903411-8)



Sign up by 21 June 2026 at:

<https://cathedral.org.sg/discipleship/parenting-children-course/>



Can You Hear Clearly & Sleep Well?

Practical Talk on Hearing & Sleep Health

Senior Members' Fellowship (SMF) warmly invites you to an informative and practical talk on hearing and sleep health. Learn about common hearing issues, hearing loss, and how hearing health affects our everyday life. The session will also cover sleep health and sleep apnea, helping participants better understand how quality sleep impacts overall wellbeing. There will also be opportunities for a quick hearing evaluation, and a demonstration of sleep-related devices.



16 July 2026 (Thurs),
10.30am – 12.00pm

St Andrew's Cathedral, Prayer Halls (B1)

Our speaker: Kelvin Lee, Founder & CEO of The Listening Lab and The Sleeping Lab in Singapore, has deep experience in hearing care and community education. Through his practical and engaging approach, he helps people understand the link between hearing health, sleep quality, and overall wellbeing.



Sign up by 13 July at <https://forms.gle/A3PQQAxUccasbeCu8>

ST PETER'S HALL
THE HOME OF TRAINING FOR THE DIOCESE OF SINGAPORE



Anglican LEARNING FESTIVAL

17-19 SEPTEMBER 2026

Join us at our inaugural Anglican Learning Festival this September! Centred around the theme **"Transformed from Glory to Glory"** (drawn from 2 Corinthians 3:18), this event is a joyful gathering of all parts of our diocese for training, learning and fellowship.

Alongside four plenary sessions, participants can choose from over 20 practical workshops covering diverse ministry topics ranging from pastoral leadership, mental health, financial stewardship, AI and more.



Sign up now at

www.anglicanlearningfestival.sg

Early bird rates till 17 Jul, closing date 17 Aug.

lovesingapore

40.Days 40.Voices 40.Prayers

The 40.Day Season of Prayer
starts on July 1, 2026!

Join us for 40.days of united prayer
across our country as we intercede for
our nation and the nations **TOGETHER!**



Website

lovesingapore.org.sg



YouTube

[@lovesingaporeonline](https://www.youtube.com/@lovesingaporeonline)



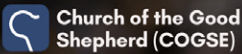
Instagram

[@lovesingaporeonline](https://www.instagram.com/@lovesingaporeonline)



Facebook

[@lovesingapore.org.sg](https://www.facebook.com/@lovesingapore.org.sg)



Parables of Jesus: Sermons of our Lord

Christian Education 2026

Instructor: Kua Wee Seng

Dates: 4, 11, 18, 25 July 2026

Time: 10.00 AM - 12.00 NN

Venue: Educational Block, L2, Rms 1 & 2

Please register with Ps Evangeline at evangelinekhoo@cogsanglican.org
OR scan the QR code for the registration form.



Church of the Good Shepherd (will be conducting a short course on studying the Parables of Jesus. Participants will be introduced to a basic framework which will be used to study and interpret selected parables. Come and sit at the feet of our Lord Jesus to listen to His parables and be confronted and challenged by Him. Registration closes 3 July.

STAY CONNECTED

with the Cathedral



Find out about our Sunday School, Youth and Young Adult ministries:

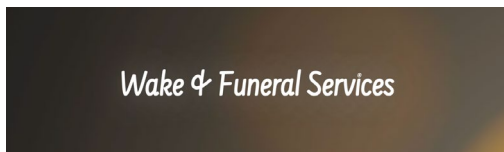
-  cathedral.org.sg/nextgen
-  nextgen@cathedral.org.sg



Cell Group

Being part of a cell group allows us to grow in our Christian faith as we share our lives with each other. Join one at:

-  cathedral.org.sg/cell-groups



Wake & Funeral Services

Arrangement of Wake & Funeral Services

Visit the webpage for more information:

-  cathedral.org.sg/wake-funeral



Member Contact Details

Update your contact details held in the SAC records at:

-  cathedral.org.sg/membership
-  membership@cathedral.org.sg



JOIN OUR TEAM

The following positions are open for application:

- Verger
- CITY Youth and Children Worker (Full-time/Part-time)

Find out more at cathedral.org.sg/jobs



CAR PARK

Members who wish to park at the SAC car park with member rates or to update their change of vehicle for member rates must submit their application at: cathedral.org.sg/carpark

For enquiries, please email carpark@cathedral.org.sg

Subscribe to our or e-mailing list or SAC WhatsApp Channel!

Visit cathedral.org.sg/subscribe



GIVE



tithes and offerings
2 ways to give



Online

Internet Banking

Account Name: St Andrew's Cathedral
Account Number: DBS Autosave 033-903411-8

PayNow

PayNow Name:

St Andrew's Cath Parochial Church C
UEN: T08CC4055LT01

Receipts will not be issued for online givings.

Cheques

Pay to: "St Andrew's Cathedral"

On the reverse side of the cheque, you may indicate your Tithing number (if any). If you would like a receipt, please also write your name and mailing address.

Cheques can be mailed to
St Andrew's Cathedral,
11 St Andrew's Road, Singapore 178959

FOR TITHES AND OFFERINGS

Tithes & Offerings: Your tithes and offerings will be used to support the ministries of the Church as well as the wider body of Christ in the world. Your givings enable the Church to carry out our mission according to the Church's budget plan, as well as to respond to the needs around us.

Designated Givings: As Cathedral is required to comply with applicable laws and regulations, including those governing charities, the Church can accept designated givings only for such mission partners and/or causes as the Church may determine at its discretion from time to time. Givings to other mission partners or causes will be treated as general offerings to support the ministries of the Church. Please email finance@cathedral.org.sg for clarification on designated mission partners and causes.

LEGACY GIVING

"For all things come from You, and of Your own have we given You." 1 Chronicles 29:14

Legacy giving, also known as bequest giving or planned giving, enables you to contribute to the mission and ministry of St Andrew's Cathedral by planning in advance a donation to the church that will be made upon your death. It is a meaningful demonstration of your stewardship of the resources that God has entrusted to you. If you would like to plan your legacy giving, please contact Ms Mabel Tan at mabeltan@anglican.org.sg, and she will guide you through the process.



Check out courses
and activities organised by
Diocese of Singapore



St Peter's Hall (SPH)

THE HOME OF TRAINING FOR THE DIOCESE OF SINGAPORE

Online courses are available at St Peter's Hall! Find out more at sph.org.sg/our-courses/

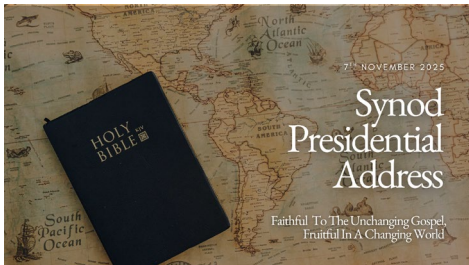
**DIOCESAN
DIGEST**



DIOCESAN DIGEST

Mar 2026 anglican.org.sg/diocesan-digest

CYCLE OF PRAYER



Synod Presidential Address

Hear Archbishop Titus' heart for
our diocese in this season!
**Download a copy from
the Diocesan website**



**WE ARE
HIRING!**

For job opportunities in the Anglican Diocese,
please visit anglican.org.sg/work-with-us/

CONTACT THE DIOCESE AT

 anglican.org.sg

 admin@anglican.org.sg