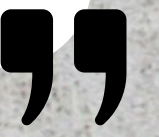


# TESTIMONIES

## 2025 Participants



*I am glad I participated in the DivorceCare program. The group sharing, support and prayers I received, helped me in my healing process. Prior to the program, I was unable to forgive for the deep hurts I had experienced. But through the session on Forgiveness and a timely sermon I heard in church on the same topic, I understood that forgiveness is the beginning of healing. This was my biggest takeaway amongst other valuable lessons. I am thankful and encouraged to know there is hope for a brighter future as I continue this journey with the Lord.*



*The DivorceCare program ministry has been such a blessing to me with its safe space and community that support and care, and most importantly, remind of God's enduring love for me. The sessions were built with practical and useful content to help with challenges such as sadness, anger and loneliness - all very real struggles for me. God was in my every moment and I have learnt to manage conflicts, to forgive and to build a new life with Him. All of this took time and that was why I participated in the program twice. It has been such a blessing to me.*



*My heart overflows with gratitude and joy as I witness God's miracles in my life since I started the journey with Him on the DivorceCare program.*

*I see how God has deepened my conversations with my husband – softening his heart with more understanding, openness, love and reconciliation. I am especially grateful that God has restored my relationship with my son. Even in the challenges, I see His hand guiding, healing, and restoring. I have learnt to be thankful even for adversity, because it has helped me trust more deeply in God's sovereignty and His perfect plan to draw us closer to Him. I truly thank God for His goodness and faithfulness.*



*None of us is gifted with a 360-degree panoramic, encyclopaedic view of life. Through DivorceCare, I was able to journey alongside others, and we formed a small-group friendship. God used this community to give me courage and hearing others share helped me gain new perspectives – reminding me that I do not walk this journey alone.*



## 2024 Participants

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*I didn't realise how much my past trauma was affecting me, leading me into depression. I thought I could struggle through the difficulties of my divorce alone.*

*Embarking on the DivorceCare program had been life changing. It equipped me with practical tools that helped me see hope and God's hand at work. The support from the facilitators was incredible, and the videos resonated deeply with what I was going through. I've learnt how to manage my emotions better and to apply God's Word, trusting in Him. By God's grace, I've experienced healing through this program.*

*Psalm 23:1 "The Lord is my Shepherd, I have all that I need.*

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*The feelings of unworthiness, grief and humiliation overwhelmed me through the course of my separation. At the DivorceCare ministry, the support group provided a safe place for sharing without condemnation or judgement. I learnt of God's sacrificial love and forgiveness for my failures. God assured me of His constant presence on this very lonely journey with His grace, mercy, healing and the promise of a future as I learnt to surrender my broken dreams and my life to Him.*

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*I was not a Christian when my former spouse initiated the divorce. It was during the divorce proceedings that I surrendered my life to Jesus and subsequently decided to join the DivorceCare program. I was still fairly new to the Christian faith.*

*At that time, I was overwhelmed with self-doubt, uncertainty of the future and the fear of rejection by others. I tried very hard to cover up my feelings of shame and disgrace.*

*The DivorceCare program provided a safe and encouraging space for me to open up to share about my emotions and struggles, which was a big step for me. Each participant had a story to tell and we all felt supported in our sharing. Through this journey, I have become more assured of my identity as God's child and of His love for me. I no longer feel alone in my troubles. Putting my trust in God, I have found strength and courage to face my future.*

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*DivorceCare showed me that even years after my divorce, the wounds were still there. Time doesn't heal—but God's Word does. Through the program, I found hope and restoration. The group reminded me that healing happens in community where shared stories and prayers, reflect God's love and care. I'm grateful for the parenting resources that helped me better understand my children's struggles and nurture a Christ-centred relationship with them. Healing is a journey, but I trust God to replace my wounds and sorrow with His peace and joy.*

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## 2023 Participants

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*The pain of going through divorce was the biggest crisis & trauma in my life. The journey through the Divorce Care programme has helped me understand myself better. I don't feel as lonely and helpless as I was guided to process my thoughts and emotions as part of my grieving and healing.*

*I am learning to rely on God. He has saved me from my depression and suicidal thoughts. I had cried out to God, wrestled & questioned Him many times. Each time, God has shown Himself to be real, sovereign & timely. My walk with God has become closer. I trust in His goodness and perfect plan for me.*

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*My divorce journey would be very different, if not for the kindness and care that I experienced from the people at this program. Their support and encouragement kept me from turning away from God. The various topics helped me cope with different challenges, step by step and phase by phase. The videos, working materials and group interactions helped me to reflect and better manage my emotions. I am thankful to God for this healing and recovery journey.*

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## 2022 Participants

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*The programme was very good in providing a systematic and structured form of healing from divorce. I felt safe to share my deepest thoughts and feelings. Thank you for blessing us and taking very good care of us.*

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*When I joined DivorceCare, I really didn't know where I was. But now, I've learnt to forgive myself. I've learnt to communicate with my sons better. I've also learnt to let go of the past. And I clearly see God paving my journey even more.*

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*DivorceCare gave us a safe space to journey together, learning from each other's experiences, through a well-paced programme, with caring facilitators and helpful resources. Charting our progress helped us realise how we have healed through this programme.*

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*The journey of healing can be a long process. The DC programme has provided ways to help me rebuild, restore and refocus. It has reinforced my belief that "I can do all things through Christ who strengthens me.*

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*Divorce is the most painful experience of my life. It paralysed me. I felt so alone, abandoned and defeated. DivorceCare has helped me see my pain and heal my broken heart. I am learning to bring joy and hope back into my life.*

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## 2021 Participant

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*I thought I would not gain much from DivorceCare as my divorce was finalised more than 15 years ago. But I was wrong. I had depended on my effort to be strong all these years. But I didn't realise, deep inside, I was disappointed with God, could not trust God completely and doubted His love for me. Yet, during the programme, I felt God's presence and experienced the assurance of His love and care for me.*

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