



REMEMBER ME

We can all look forward to "Church at Home" this Sunday.

I have written an [inspired short article](#) on the meaning or "theology" of the Holy Communion here. Please check it out.

Here, I will like to dwell on the communal aspects of the Lord's Supper. We should remind ourselves that Communion was very much a communal experience, whether in the Gospels, the Book of Acts or the writings of St Paul. The theme of "loving one another" and unity was the major theme in the closing teachings of Jesus and illustrated at the Last Supper.

That the early church communities worship and ate together should not come as a surprise to us.

We are to remember what He has taught us through His life and teachings. Remember how he stooped to wash the feet of His disciples. And ultimately, what He did for us on the cross and through His resurrection. We are to be mindful of His presence, as He sits with us in our meal.

This remembrance is experienced communally. How will we relate to each other if Christ is in our midst? Imagine he is seated next to us as we break bread. There is a brother or sister who has hurt



you. As you remember Christ, will you be willing to forgive? There is a person whom you have been neglecting. As you remember His self-giving love, may a new spark of energy be ignited in you to give and love him or her in a new way. We can also recall how Jesus prayed for us (John 17). Will we also pray for one another and the world?

The communal experience of the Lord's supper is one reason why over the ages, church communities have gathered around it. In large city churches, the rite has been institutionalised and ironically, a hot spot for disunity as various church streams divide over its theological significance. Without being disrespectful of those who have fought passionately over the different views, I often ask why can't every one of them be true to some extent for the worshipper experientially. At times, it is nothing more than a symbolic remembrance. On occasions, I was brought back to a timeless reenactment of that night. And on other times, the Spirit filled me again as I

receive. And on some occasions, I experienced the salvific power of the cross as I had drifted away.

In the span of time of the believer's encounters with the Communion, he experience it's richness. Till today, I am still discovering new aspects of the Supper, much like how some scientists in Netherlands discovered recently that we have a pair of salivary glands in our nasal cavity. We will always see in part on this side of life. God forbid that we think we can explain and rationalise with certitude a mystery as sacred as the Lord's Supper. No part of the church should despise the other over one's ascribing of meaning of an event which should be uniting us.

May we sit with Christ as a we break bread together as a church at home.

