



cultivating our
relationship
with GOD



Sermon on 19/20 Jul
Search Me and Know My Heart

Psalm 139:1-24

Rev'd Christopher Chan



Catch the sermon at
cathedral.org.sg/youtube

19/20 JULY 2025

COLLECT

FIFTH SUNDAY AFTER TRINITY

Almighty God, without you we are not able to please you. Mercifully grant that your Holy Spirit may in all things direct and rule our hearts; through Jesus Christ our Lord. Amen.

LECTIONARY READINGS

Amos 8:1-12

Psalms 52

Colossians 1:15-28

Luke 10:38-42

 cathedral.org.sg

 [standrewscath](https://standrewscath.org)

 [standrewscathedral](https://standrewscathedral.org)



ST ANDREW'S CATHEDRAL,
11 St Andrew's Road, Singapore 178959.
Tel: 63376104 Email: info@cathedral.org.sg

Bishop of Singapore and Dean The Most Rev'd Dr Titus Chung
Vicar Rev'd Christopher Chan

Clergy and Deaconess Rev'd Moses Israeli, Rev'd Daniel Lim,
Rev'd Andrew Yap, Ds Ti Lian Swan

Auxiliary Clergy Rev'd Canon Dr Louis Tay, Rev'd Soon Soo Kee
Auxiliary Deaconess Ds June Tan



PRAYER HIGHLIGHTS

THE WORLD

The United States has recently imposed new tariffs on imports from many nations, including close allies such as Canada, Brazil, and countries across Asia. These measures have led to rising prices on everyday goods and carry the risk of broader global tensions. Pray that the Lord will grant world leaders wisdom, discernment, and a spirit of cooperation as they respond to these economic challenges. Ask God to guide the U.S. government in pursuing trade policies that are just and balanced—promoting economic stability, fairness, and peace across nations.

SINGAPORE

Singapore continues to combat against the rising use of e-cigarettes and vaping, especially among the youth. With thousands caught in possession, the government is responding through enforcement, education, and support programmes to curb this harmful trend. Pray for protection over our youths, for wisdom and perseverance among authorities as they seek effective solutions, and for healing and breakthrough for those struggling with addiction.

DIOCESE

Pray for the vicars, pastors, staff teams and

lay leaders of St John's Chapel, St Matthew's Church and St Paul's Church, that they will have divine wisdom, grace and perseverance to lead and shepherd the respective flocks entrusted to their care. Pray for members to have deep spiritual hunger and longing for God, to seek Him, walk closely with Him in obedience to His Word and to serve Him with undivided hearts. Pray that, being united in love and vibrant in witness, they will be reflections of God's love and light to the communities around them.

CATHEDRAL

Pray for our Vicar, Revd Christopher Chan, as he faithfully shepherds the flock. May the Lord bless him with wisdom, spiritual insight, and fresh inspiration as he leads and encourages his team of clergy, deaconesses, pastoral staff, and administrative staff. Pray for unity within the team as they serve together, and may they experience joy, strength, and spiritual growth in their ministry. Lift up also our Vicar's Warden, Mr Keith Chua, and People's Warden, Mr Soh Kim Seng—that they may be wise, discerning, and diligent in the discharge of their responsibilities. May God bless their service and empower them to steward their roles with excellence, to the glory of our Lord.

upcoming events

JULY	23	Alpha
		Lay Reader's Course
	24	The Parenting Children Course
	25	Prayer & Praise
	30	Alpha
		Lay Reader's Course
	31	The Parenting Children Course

AUGUST	1	Combined Cell Group Gathering
	6	Alpha
		Lay Reader's Course
	7	The Parenting Children Course
	13	Alpha
		Lay Reader's Course
	14	The Parenting Children Course

Services at the Cathedral

In English		
TIME	HOLY COMMUNION	VENUE
Sat 4.45pm	2nd and 4th week	CNS
Sun 8.00 am	Weekly	Nave
Sun 9.30 am	2nd and 4th week	CNS
Sun 11.30 am*	1st, 3rd & 5th week	Nave
Sun 2.00 pm (Youth**)		NT Hall
Sun 4.30 pm	Weekly [†]	Nave
Wed 12.30 pm	Weekly	Nave
In other languages		
Sun 2.30 pm (Myanmar)	Weekly	CNS

* The Morning Prayer Service will be in session on the 2nd and 4th Sunday.

** There is no Youth Service on the 4th Sunday of the month.

† The Evensong Service will be in session on the last Sunday and there will be no administration of Holy Communion.

Restricted Vehicular Access to SAC from 14 June to 9 August due to National Day Parade (NDP) 2025 rehearsals and related events

Restricted vehicular access on the following Saturdays:
14, 21, 28 Jun; 5, 12, 19, 26 Jul

Vehicles may still drive in from North Bridge Road and exit via Coleman Street at the following times on the affected Saturdays:

- From 8am to 1pm, and between 3pm to 6pm.
- No vehicular access in or out of SAC from 6pm onwards.

NO vehicular access at all times on the following Saturdays:
2, 9 Aug

Worshippers who are driving to SAC during these times may choose to park at Raffles City or Funan.

Impact to services

All services will carry on at the usual timings.

Reminder to members

Throughout this time, pedestrian access will be available in accordance with SAC's regular opening hours. As a surge in crowd is expected due to the rehearsals, all worshippers are advised to check for updates to road closures and allow more time to get to events and services at SAC. More information on NDP2025 may be found on their website (www.ndp.gov.sg)

Adjusted church operating hours on the following Saturdays:
28 Jun; 5, 12, 19, 26 Jul; 2 Aug (7am – 6.30pm) | 9 Aug (1pm – 6.30pm)



Follow weekly
reflection questions at:
cathedral.org.sg/ss

JULY

5 & 6 (Youth Sunday)

One Generation to Another (Sat 4.45pm, Sun 4.30pm)
Psalm 145:3-4 | Revd Aaron Cheng
Bearing Your Load (Sun 8am, 9.30am, 11.30am)
Galatians 6:1-10 | Revd Brandon Loy

12 & 13

Rejoice, Pray, Give Thanks
1 Thessalonians 5:16-18 | Mr Kenneth Ernest

19 & 20

Search Me and Know My Heart
Psalm 139:1-24 | Revd Christopher Chan

26 & 27

Seek the Lord While He May Be Found
Isaiah 55:1-6 | Mr Joshua Koh

AUGUST

2 & 3

Seek the Treasure of Wisdom
Proverbs 2:1-11 | Revd Daniel Lim

9 & 10 (National Day)

Walk in the Light
1 John 1:1-7 | Ds Ti Lian Swan

16 & 17

Solitude and Prayer
Mark 1:35-39 | Revd Andrew Yap

23 & 24

Born Again to a Living Hope
1 Peter 1:3-9 | Revd Dr Timothy Chong

30 & 31

Not Forsaken
Isaiah 49:8-16 | Revd Christopher Chan

Wednesday Holy Communion Series at 12.30pm

The Emotional Life in Psalms

Our emotions play an important part in our life. The psalmist helps us to understand our varied emotions and their impact in our life.

Prayer and PRAISE

Fri 25 July 2025

7.14PM

Prayer Halls

EVERY FOURTH FRIDAY OF THE MONTH

NATIONAL
COUNCIL OF
CHURCHES OF
SINGAPORE

SG
60

National Day Thanksgiving Service 2025

Come praise God and give thanks for Singapore

Thursday 14 August, 7.45pm
St Andrew's Cathedral, New Sanctuary

Message by Bishop Philip Lim
"Coming to Jesus"

Next⁺GEN

MINISTRY

Building up every child towards spiritual maturity

The NextGen Ministry brings together the Children Ministry, Youth Ministry and Young Adult Ministry with the aim of building up every child towards spiritual maturity as they grow from a toddler into adulthood.

To find out more, contact nextgen@cathedral.org.sg



CHILDREN MINISTRY

Preschool - Primary 6
(ages 3 - 12)

City Kids | Saturday
4.45pm | Prayer Halls (B1)

Faith Kids 1 | Sunday
9.30am | Prayer Halls (B1),
Classrooms (B2)

Faith Kids 2 | Sunday
11.15am | Prayer Closets
1/2/3 (Nave L2)

[Click to join](#)
Children Ministry

SHALOM FRIENDS

(ages 13 - 25)



Shalom Friends reaches out to youths with Autism Spectrum Disorder (ASD). Due to the nature of the ministry, Shalom Friends will cater for youths up to 25 years old.

Saturday 2.00pm
SAC B1 Prayer Halls

[Click to join](#)
Shalom Friends



CATHEDRAL YOUTH MINISTRY

(ages 13 - 25)

First 3 Sundays
of the month
YOUTH SERVICE
2pm @ North Transept Hall
METAMORPHOSIS
11am @ Classroom A



<https://tinyurl.com/SACYM>



[sa.cathedralyouth](https://www.instagram.com/sa.cathedralyouth)



CATHEDRAL YOUNG ADULTS SATURDAY LIFE

(ages 25 - 35)

The Cathedral Young Adults Ministry is a place for young adults to connect, grow and serve together over meals, sharing and discussions.



Join the Young Adults telegram for the latest news!



ministryfair

ST ANDREW'S CATHEDRAL 2025

28,29 Jun and 19,20 Jul | Pavilion

Come and join us in the exciting Ministry Fair 2025
after your respective services!

Held over two weekends, this Ministry Fair
will allow you to visit different Ministry booths,
where you can find out what they do,
ask questions and sign up as volunteers.



WEEKEND 1

28 Jun (Sat) | 6-7pm
29 Jun (Sun) | 9am – 6pm

Ministry stations:

- Bell Ringers
- Choir/Worship
- Audio-Visual (AV)
- Family Life Matters
- Children Ministry & Shalom Friends
- Metamorphosis (Youth)

WEEKEND 2

19 Jul (Sat) | 6-7pm
20 Jul (Sun) | 9am – 6pm

Ministry stations:

- Local Missions: Adopt a Block in the Community (ABC), Befriending Migrant Workers (BMW), and Alpha
- Cathedral Women's Fellowship
- Senior Members' Fellowship
- Cell Group Ministry
- Dance Ministry



"Go into all the world and preach
the Good News to everyone." Mark 16:15

MISSION TRIPS 2025

Feel called to serve?

If God is stirring your heart
for the mission field,
we invite you to step out in faith
and join us in 2025.

* All applications will go through a selection process.



SCAN / CLICK TO JOIN

12 July - Indonesia, Batam
289 FOTM (Food Distribution
& Family Visits)
23 Aug - Indonesia, Batam
(Medical)

3-12 Oct - West Nepal
(Youth & Children)
13-18 Oct - Cambodia
(Medical & Dental)
20-25 Nov - Thailand, Mae Sot
(Medical)

Marriage Preparation Course

For wedding couples-to-be, this course is designed to help couples build strong foundations for a healthy and lasting marriage. It involves teaching, couple-discussion time, small group discussions, and at least two mentoring sessions by marriage mentor couples.

Topics that will be covered include:

- A Biblical Perspective on Marriage
- Communication
- Conflict
- Commitment
- Connection
- Adventure

6 Thursdays, 7pm - 9:30pm

25 Sep, 9, 16, 23, 30 Oct; 6 Nov 2025

onsite at SAC: 25 Sep & 6 Nov

Online via Zoom: 9, 16, 23 & 30 Oct

Course fee: \$140 per couple (payable upon registration)



Register by 14 Sep

(limited spaces available):

<https://cathedral.org.sg/mpc>

Baptism & Confirmation Course

adults & youths

Baptism Course

6, 13, 20 and 27 Sept

Saturdays 1.30pm - 4pm

Baptism Service

11 Oct, Saturday 4.45pm

Confirmation Course

18, 25 Oct; 1, 8 Nov

Saturdays 1.30pm - 4pm

Confirmation Retreat

6 Dec, Saturday, 1pm - 5pm

Confirmation Service

14 Dec, Sunday 4.30pm

All lessons are compulsory.



Scan to register
before 28 Aug

cathedral.org.sg/baptism

PKH 25TH ANNIVERSARY TOUR THANKSGIVING & ALUMNI DINNER

Tour Highlights

✨ Join in the PKH Alumni Dinner in Phnom Penh City
Hear inspiring testimonies and give thanks for God's faithfulness
and for the changed lives and destinies of young Cambodians.

🏠 Discover the PKH Experience in Kg Speu Province
Visit PKH Centres and see firsthand the heart of PKH's ministry.
Meet the dedicated teams behind the work and
witness the influence of God's love on the youth and children.

🌿 Savour Cambodia's best foods in 2 more provinces
Embark on a tour of Kampot's pepper plantation,
complete with tastings and delectables to bring home.
Enjoy Kep's famous seafood for lunch.



4 - 7 Sep 2025 (Thu - Sun)
4D3N Tour | Land package only

Single: S\$800

Twin-Sharing: S\$660

Includes hotel, meals, land transport
and contribution towards the work



Scan to register

For more information, email pkh.cambodia@cathedral.org.sg or WhatsApp 8824 2660

Registration closes on 31 July 2025, or when fully booked.

Inner Healing & Deliverance (IHD): An Integrated Approach

6, 13, 20 September 2025 | 9am to 1pm | Pavilion



SPEAKER DOUGLAS KOH has been in the IHD ministry since 1979. He headed the Deliverance ministry at SAC from 1998-2004, completed an advanced seminar study with Professor Charles Kraft of Fuller Theological Seminary and taught this subject in many countries.



In this 3-day course, you will discover how inner healing and deliverance work to restore lives, break strongholds, and bring deep spiritual freedom by the power and authority of Jesus. Topics to be covered include why do people need inner healing, how to receive inner healing, the biblical basis of deliverance, and how to prepare for and minister IHD.

Course Fees: \$10 per person

PayNow Name: St Andrew's Cath Parochial Church C

UEN: T08CC4055LT01

Indicate "Your Name IHD Sep2025" in the reference, e.g., "Mark Tan IHD Sep2025"

For more details please visit: cathedral.org.sg/healing

Scan or click the QR code to register by 31 Aug 2025



40.Days
40.Voices
40.Prayers

lovesingapore

**The 40.Day Season of Prayer
starts on July 1, 2025!**

Join us for 40 days of united
prayer across our country
as we go **ALL IN** to pray for
Singapore and the nations!



Website

lovesingapore.org.sg



YouTube

[@lovesingaporeonline](https://lovesingaporeonline)



Facebook

[@lovesingapore.org.sg](https://lovesingapore.org.sg)



Instagram

[@lovesingaporeonline](https://lovesingaporeonline)



St Peter's Hall (SPH)

THE HOME OF TRAINING FOR THE DIOCESE OF SINGAPORE

St Peter's Hall (SPH) is the training arm for the Anglican Diocese. It provides training not only for seminarians, but also for the wider Diocese. This includes in-service staff and lay members. It has a wide range of courses, for different training levels and ministry needs.

We strongly encourage church members and staff to visit the SPH website (<https://sph.org.sg/>), or download the digital flyer for comprehensive information on SPH and their courses. Let's get equipped with God's Word to serve Him and His people!

SPH flyer: <https://sph.org.sg/wp-content/uploads/2025/04/SPH-Roadshow-Flyer-compressed.pdf>

Set up an account
and get
FREE
digital tokens



Young Adults Talk

Natural Theology

Does nature point us to God? This talk explores the rich tradition and modern critiques of natural theology. Engage with Scripture, science, and philosophy to discover how the natural world speaks into our faith and proving the existence of God. It will also cover the importance of natural theology for apologetics, evangelism, missionary work, systematic theology, worldview formation, and devotional life.



8th August 2025 | 7.00pm - 9.30pm

(Dinner will be provided from 7pm)

Speaker: Dr Andrew Loke

Cathedral Welcome Centre

Course Fees: \$5 (via PayNow UEN: T08CC4055LT01)

PayNow Name: St Andrew's Cath Parochial Church C

Please indicate YATALK8AUG in the reference



Register by 4 August 2025:

<https://forms.gle/Q4SMt3T38n9b5r2b7>

For any inquiries, please contact

Kenneth at kennethernest@cathedral.org.sg



The Kitchen is Your Pharmacy

- a TCM Perspective

14 Aug 2025 | 10:30 AM – 12:30 PM | Prayer Halls A&B

Seniors Members' Fellowship brings you an exciting talk on Traditional Chinese Medicine (TCM). Join in to learn basic TCM concepts, and how common ingredients in your kitchen can be your little "pharmacy". Food remedies will also be introduced in this talk.

Speaker: Physician Joanna Liew is a registered TCM physician and a certified wellness advisor, with a passion for integrative healing.

To register, please contact David: Whatsapp 98332786 or email davidng@cathedral.org.sg
Registration closes 13 Aug 2025

**MEMBER
CARE**
MINISTRY

OUR VISION

Every person salved, secure and significant in Christ, living the abundant life, for the glory of God!

OUR MISSION

To journey with people towards wholeness, by offering the gift of our presence, a listening ear, a compassionate heart; to pray with, give encouragement and practical help for the way ahead, with reliance on God and the help of His Holy Spirit.

Our Care Teams are organised as follows:

- Care for the Elderly
- Care for the Young (the teens to 20s)
- Care for Married Couples and Families
- Care for Divorced and Separated (Renewing Streams Ministry)
- Care for the Sick
- Care for the Bereaved
- Care for all Others (who do not fall into the above categories)

If you are facing challenges and would like the ministry to reach out to you, do contact us at membercare@cathedral.org.sg or call 6337 6104. To find out more about the ministry or volunteer with us, please visit <https://cathedral.org.sg/care>





A Christian Perspective of TRANSGENDERISM

This 2-session course will cover an overview of Gender Theory, the impact of Transgenderism on Western society, exploring if it is possible that God creates a male soul in a female body and vice versa, and how to respond to this cultural phenomenon as followers of Christ.



16 & 23 August 2025, Saturdays
9.30am to 12noon | Prayer Halls A & B

Cost: Free
Please register by 8 Aug
at cathedral.org.sg/cpt

Speaker: Dr Khaw Siew Ping
Research Associate (Ethos Institute for
Public Christianity), and Warden of Sophia Hall
(Trinity Theological College)



Limited spaces, please register early.
For enquiries, please email sacce@cathedral.org.sg

Trinity Theological College - Open House 2025

OPEN HOUSE



Considering theological education?

TTC has been equipping Christians for ministry since its founding in 1948. Come down to the Open House and discover how TTC can help equip you for more effective ministry!

Wed 13 Aug 2025, 8.30 am - 2pm

Trinity Theological College,
490 Upper Bukit Timah Road, S(678093)



Click or scan to
register by 10 Aug



STAY CONNECTED

with the Cathedral



Find out about our Sunday School, Youth and Young Adult ministries:

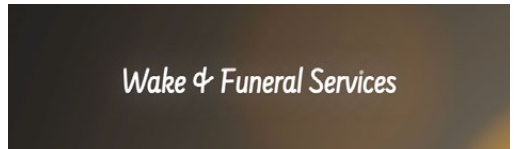
 cathedral.org.sg/nextgen
 nextgen@cathedral.org.sg



Cell Group

Being part of a cell group allows us to grow in our Christian faith as we share our lives with each other. Join one at:

 cathedral.org.sg/cell-groups



Arrangement of Wake & Funeral Services

Visit the webpage for more information:

 cathedral.org.sg/wake-funeral



Member Contact Details

Update your contact details held in the SAC records at:

 cathedral.org.sg/membership
 membership@cathedral.org.sg



JOIN OUR TEAM

The following positions are open for application:

- Audio-Visual Technician
- Verger
- CITY General Manager/Asst General Manager
- CITY Youth and Children Worker (Full-time/Part-time)

Find out more at cathedral.org.sg/jobs



CAR PARK

Members who wish to park at the SAC car park with member rates or to update their change of vehicle for member rates must submit their application at: cathedral.org.sg/carpark

For enquiries, please email carpark@cathedral.org.sg

Subscribe to our or e-mailing list
or SAC WhatsApp Channel!

Visit cathedral.org.sg/subscribe



GIVE



tithes and offerings
2 ways to give



Online

Internet Banking

Account Name: St Andrew's Cathedral

Account Number: DBS Autosave 033-903411-8

PayNow

PayNow Name:

St Andrew's Cath Parochial Church C

UEN: T08CC4055LT01

Receipts will not be issued for online givings.

Cheques

Pay to: "St Andrew's Cathedral"

On the reverse side of the cheque, you may indicate your Tithing number (if any).

If you would like a receipt, please also write your name and mailing address.

Cheques can be mailed to

St Andrew's Cathedral,

11 St Andrew's Road, Singapore 178959

FOR TITHES AND OFFERINGS

Tithes & Offerings: Your tithes and offerings will be used to support the ministries of the Church as well as the wider body of Christ in the world. Your givings enable the Church to carry out our mission according to the Church's budget plan, as well as to respond to the needs around us.

Designated Givings: As Cathedral is required to comply with applicable laws and regulations, including those governing charities, the Church can accept designated givings only for such mission partners and/or causes as the Church may determine at its discretion from time to time. Givings to other mission partners or causes will be treated as general offerings to support the ministries of the Church. Please email finance@cathedral.org.sg for clarification on designated mission partners and causes.

LEGACY GIVING

"For all things come from You, and of Your own have we given You." 1 Chronicles 29:14

Legacy giving, also known as bequest giving or planned giving, enables you to contribute to the mission and ministry of St Andrew's Cathedral by planning in advance a donation to the church that will be made upon your death. It is a meaningful demonstration of your stewardship of the resources that God has entrusted to you. If you would like to plan your legacy giving, please contact Ms Mabel Tan at mabeltan@anglican.org.sg, and she will guide you through the process.



Check out courses
and activities organised by
Diocese of Singapore

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FIND OUT MORE AT

<https://sph.org.sg/upcoming-diocesan-certificate-of-biblical-studies-dcbs/>

CYCLE OF PRAYER



Synod Presidential Address

Hear Archbishop Titus' heart for
our diocese in this season!

Download a copy from
the Diocesan website



**WE ARE
HIRING!**

For job opportunities in the Anglican Diocese,
please visit anglican.org.sg/work-with-us/



DIOCESAN DIGEST

Jan 2025 anglican.org.sg/diocesan-digest

CONTACT THE DIOCESE AT



anglican.org.sg



admin@anglican.org.sg