

Sermon on 20/21 Jul

Encouraged and Strengthened

Acts 15:22-35

Ds Ti Lian Swan



Catch the sermon at cathedral.org.sg/youtube

20/21 JULY 2024

COLLECT

EIGHTH SUNDAY AFTER TRINITY

Almighty God, you see that we have no power of ourselves to help ourselves. Keep us both outwardly in our bodies and inwardly in our souls, that we may be defended from all adversities which may happen to the body, and from all evil thoughts which may assault and hurt the soul; through Jesus Christ our Lord. Amen.

LECTIONARY READINGS

2 Samuel 7:1-14a

Psalm 89:20-37

Ephesians 2:11-22

Mark 6:30-34, 53-56

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ST ANDREW'S CATHEDRAL, 11 St Andrew's Road, Singapore 178959. Tel: 63376104 Email: info@cathedral.org.sg

Bishop of Singapore and Dean The Most Revd Dr Titus Chung Acting Vicar Revd Christopher Chan Clergy and Deaconess Revd Moses Israeli, Revd Daniel Lim, Revd Alvin Toh, Revd Andrew Yap, Ds Ti Lian Swan Auxiliary Clergy Revd Canon Dr Louis Tay, Revd Soon Soo Kee Auxiliary Deaconess Ds June Tan

PRAYER HIGHLIGHTS

THE WORLD

Pray that the many elections taking place in various countries around the world, will be carried out safely and peacefully without any acts of violence; for elected governments to establish trust with their electorate and govern their people with wisdom, justice and righteousness. Pray that world leaders will promote peace, alleviate suffering and forge partnerships to tackle urgent global issues. Pray that the Church will be a place of refuge for all, especially for those suffering the effects of ongoing wars, famines and extreme weather from climate change. Pray that God's Kingdom will continue to advance, bringing light and hope to all.

SINGAPORE

Recently the Institute of Mental Health (IMH) and the KK Women's Children's Hospital (KKH), did a study on the economic and social costs of adverse childhood experiences (ACE) in Singapore. ACEs are stressful traumatic events that occur from birth to age 18 and their impact is lifelong. Emotional neglect, separation, divorce or death of a parent, dysfunctional homes and emotional abuse are among the most common forms of ACEs in Singapore. Exposure to ACEs is linked to increased risk of mental illness and chronic medical conditions. Pray for concerted efforts by government and private sectors to create public awareness of the lifelong harm caused by ACEs through public education, teaching parenting skills and encouraging family bonding activities. Pray also for early identification and easy access to targeted interventions to mitigate the effects

of exposure to ACEs. Pray for strong, closely-knit families where children can grow up in a secure, supportive and loving environment.

DIOCESE

Pray that God will continue to shape and establish our Diocesan identity; that as One Family of 27 parishes, we will serve His sovereign purpose and advance His Kingdom in the world.

St Peter's Church

Pray for a strong Children's Ministry that is effective in discipling the young and in its outreach to children. Pray that the elderly in the church will be well cared for; for good active ageing programmes to keep them physically fit, mentally alert, emotionally and spiritually well. Pray that members of St Peter's Church will be equipped and mobilised to be Christ's ambassadors.

CATHEDRAL

Prayer & Praise (26 July)

Pray that we will be a church that is passionate about prayer; we will come together in unity; we will pray in agreement with God's agenda and believe in faith for spiritual breakthroughs that will transform the church and the world.

Members

Pray for members to have receptive hearts and minds to the new things God is doing in our midst, for promptness in our obedience to His word and for passion to pursue God, to make Him known and to glorify His Name.

Services at the Cathedral

In English			
TIME	HOLY COMMUNION	VENUE	
Sat 4.00 pm	2nd and 4th week	CNS	
Sat 5.30pm	Last week	Prayer Halls	
Sun 8.00 am	Weekly	Nave	
Sun 9.30 am	2nd and 4th week	CNS	
Sun 11.30am*	1st, 3rd & 5th week	Nave	
Sun 2.00 pm (Youth**)		NT Hall	
Sun 4.30 pm	Weekly [†]	Nave	
Wed 12.30 pm	Weekly	Nave	
In other languages			
Sun 2.30 pm (Myanmar)	Weekly	CNS	

- * The Morning Prayer Service will be in session on the 2nd and 4th Sunday.
- ** There is no Youth Service on the 4th Sunday of the month.
- † The Evensong Service will be in session on the last Sunday and there will be no administration of Holy Communion.

Restricted Vehicular Access to SAC from 15 Jun to 3 Aug due to National Day Parade (NDP) 2024 rehearsals and related events

Due to the NDP rehearsals and their related events, vehicular access to SAC will be restricted on the following Saturdays:

15, 22, 29 Jun; 6, 13, 20, 27 Jul

Vehicles may still drive in from North Bridge Road and exit via Coleman Street at the following times on the affected Saturdays: From 8am to 1pm; 3pm to 6pm. There is no vehicular access in or out of SAC from 6pm onwards.

There will be **NO** vehicular access at all times on 3 Aug.

Worshippers who are driving to SAC during

these times may choose to park at Raffles City or Funan.

Impact to services

All services will carry on at the usual timings.

Reminders to members

Throughout this time, pedestrian access will be available in accordance with SAC's regular opening hours. As a surge in crowd is expected due to the rehearsals, all worshippers are advised to check for updates to road closures and allow more time to get to events and services at SAC. More information about NDP2024 may be found via their website www.ndp.gov.sg



SERMON SERIES 2024

JULY

6 & 7 (Youth Sunday)

The NOW Generation Mr Joshua Koh Jeremiah 1:1-8

13 & 14

Jew and Gentile Saved by Grace Revd Christopher Chan Acts 15:1-12

20 & 21

Encouraged and Strengthened
Ds Ti Lian Swan
Acts 15:22-35

27 & 28

Disagreement and Division Revd Daniel Lim Acts 15:36-41

AUGUST

3&4

Answering the Call Revd Moses Israeli Acts 16:6-15

10 & 11

Chains and Chances Revd Andrew Yap Acts 16:16-34

17 & 18

See, Feel, Speak Revd Christopher Chan Acts 17:16-34

24 & 25

Ministry Undettered Revd Daniel Lim Acts 18:1-11

31 & 1 Sep

The Ministry of Mentoring
Ds Ti Lian Swan
Acts 18:24-28

Follow our weekly reflection questions at: cathedral.org.sg/ss



Building up every child towards spiritual maturity

CHILDREN MINISTRY

Preschool - Primary 6 (ages 3 - 12)

Ministry	Day/Time	Venue
City Kids	Saturday 4:00pm	Classrooms (B2)
Faith Kids 1	Sunday 9:30am	Prayer Halls (B1) Classrooms (B2)
Faith Kids 2	Sunday 11:15am	NT Hall Prayer Closets 1/2/3 (Nave L2)

Register here and join us for children ministry!

SHALOM FRIENDS (ages 13 - 25)

Shalom Friends reaches out to youth with Autism Spectrum Disorder (ASD). Due to the nature of the ministry, Shalom Friends will cater for youths up to 25 years old.

Shalom Friends

Saturday 2:00pm

SAC B1 Prayer Halls

Register to join us for Shalom Friends here

CATHEDRAL YOUTH

The Cathedral Youth Ministry welcomes all youths from 13 - 25 years old

First 3 Sundays of the month

- Youth Service 2pm @ North Transept Hall
- Metamorphosis 11am @ Classroom A & Prayer Hall C



https://tinyurl.com/SACYM

Connect with us







Living the Transformed Life

God's calling for us is to live a life that has been transformed (Rm 12:2; 2 Cor 3:18; Eph 4:22-24; 2 Pet 1:3-11). How is our life to be lived in transformation?

From July to November, we are going to explore this life of transformation as we look at these three key areas of transformation:

- 1. The Heart of Transformation
- 2. The Path to Transformation
- 3. The Life in Transformation

Join us as we journey together in our life of transformation every Wednesday at 12.30pm, beginning July 3rd.

Spiritual Care for the Ageing

Who is this course for?

- Caregivers
- Those who minister to the elderly
- People looking to age well



Course details

21 Sep to 16 Nov 2024 (8 Saturdays with break on 2 Nov)

9:30am - 12:00pm

Prayer Halls

Fee: \$50 (for course materials)

Help yourself and others stay strong in the silver years! Click or scan the QR code to register by 26 August 2023 40.Days40.Voices40.Prayers

lovesingapore

Watch the trailer

Website: lovesingapore.org.sg

YouTube: <u>youtube.com/lovesingaporeonline</u> Facebook: <u>facebook.com/lovesingapore.org.sg</u> Instagram: <u>instagram.com/lovesingaporeonline/</u>

National Day Thanksgiving Service 2024

Let us come together with praise and thanksgiving to our God for Singapore

Thursday 15 August, 7:45pm to 9:15pm St Andrew's Cathedral, New Sanctuary

Message by Rt Rev Dr Chris Chia "Christ, Culture and Country"



Fri 26 Jul 2024

7.14 P M

Prayer Halls



FRIDAY MONTH

BAPTISM & CONFIRMATION COURSE

BAPTISM COURSE

7, 14, 21* & 28 Sep (four Saturdays) North Transept Hall 2pm to 4.30pm *21 Sep may be conducted via Zoom, in view of F1 races

BAPTISM SERVICE

29 Sep (Sunday) 11.30am Worship Service The Nave

CONFIRMATION COURSE

12, 19, 26 Oct & 2 Nov (four Saturdays) North Transept Hall 2pm to 4.30pm

CONFIRMATION RETREAT

16 Nov (Saturday) North Transept Hall 1pm to 5pm

CONFIRMATION SERVICE

23 Nov (Saturday) 4.45pm Worship Service Cathedral New Sanctuary

For more details, please visit cathedral.org.sg/baptism or register at https://form.iotform.com/241851878796477 Registration closing date: 31 Aug 2024

For any enquiry, please email sacce@cathedral.org.sg with your contact details

Senior Members Fellowship

Basic Ukulele Class

Learn to play the ukulele, conducted by an experienced instructor!

Dates: 15, 22, 29 Aug; 5, 12 Sep (Thurs)

Time : 9am to 10.20am

Venue: SAC, Basement 1, Prayer Halls A-B Cost: \$40 (manual) and \$16 (song books)

Commitment: Participants are committed to practise regularly together and perform at nursing homes or special events

Requirements: Must have own ukulele and music stand

To register, contact David at davidng@cathedral.org.sg or 9833 2786. Closing date for registration: 5 August 2024

PayNow Name: St Andrew's Cath Parochial Church C UEN: T08CC4055LT01. Indicate: SMF Ukulele Class.

When payment is made, please WhatsApp David Ng at 98332786.



Anxiety Under Cross-Examination: Inside the Courtroom of the Mind

Step into the courtroom of your mind and explore the interconnectedness of thoughts, feelings and actions, as well as the impact of anxiety on an individual physical wellbeing. Gain practical tools to challenge and navigate the inner workings of your mind, empowering you to better cope with anxiety. Join us on this informative journey as we reclaim control over our minds and emotional state.

3 Aug Sat, 10am - 12nn

Prayer Halls

Speaker: Mylene Lee

Mylene is a registered clinical counsellor, supervisor and also a coach with the International Coaching Federation. After 6 years as a full-time counsellor, God has opened doors for her to continue to impact more lives through counselling, clinical supervision, coaching, lecturing and training.

Register at https://forms.gle/D6oKKSeP5zepG5Pk6

Closing date: 29 July 2024



Registration for government funded Special Education (SPED) Schools

- Application for P1 can only be made using MOE's standard online form:
 - https://www.moe.gov.sg/special-educationalneeds/apply
- Identify suitable schools accordingly to the Special Education need profile of your child (detailed information for all SPED schools is in the above website). Parents may apply for up to 3 schools.
- Various reports, including medical and psychological reports are required for application.

- Deadlines vary between SPED schools (available in the webpage above). Anglican SPED Schools:
 - St Andrew's Mission School (for children with Autism Spectrum Disorder with no intellectual impairment) – no deadline, subject to vacancies.
 - St Andrew's Autism School (for children with Autism Spectrum Disorder with intellectual impairment) – no deadline, subject to vacancies.
- Transfer from current mainstream school:
 - Through the current school. Direct application to SPED School not permitted by MOE.

Parents who are looking to enroll a child with special needs in Primary One in Jan 2025 to government funded Special Education (SPED) schools can find out more information on the MOE website: https://www.moe.gov.sg/special-educational-needs/apply

Diocesan Apologetics Course

The Problem of Evil and the Christian Doctrine of Sin

Teacher: Dr Andrew Loke

Dates: Aug 7, 14, 21, 28, Sept 4, 11, 18 & 25 (Wed)

▶ Time: 7.30-9.30 pm Via Zoom Cost: SGD \$20.00

To register: https://bit.ly/3xqqNPL

Questions? Email <u>lucillateoh.dts@gmail.com</u>

Some Topics

- 1. What is good and evil?
- 2. The Book of Job and Skeptical Theism
- > 3. How did evil originate in a world created by a perfect God



Family Movie Night

Saturday, 7 September 2024 Pavilion 6.30pm - 8.30pm

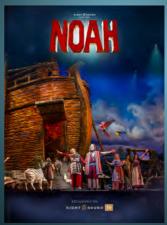
(Doors open at 6pm) **\$5 per person**

(Free for children 3 years and below)

With complimentary hotdogs, popcorn, nachos & cheese, and a bottle of water



Family Life Matters ministry is pleased to bring to you, your family and friends, a movie screening of NOAH the musical. Filmed in front of a live audience, NOAH is an original stage production from Sight and Sound Theatres that takes viewers on board one of the world's best-known voyages as live animals fill the stage and aisles of the production theatre.





Click QR code to register by 25 August or until tickets are sold out

STAY CONNECTED

with the Cathedral



For children, youth and young adults

Find out about our Sunday School, Youth and Young Adult ministries:



cathedral.org.sg/nextgen





Cell Group

Being part of a cell group allows us to grow in our Christian faith as we share our lives with each other. Join one at:



cathedral.org.sg/cell-groups

Wake & Funeral Services

Arrangement of Wake & Funeral Services

Visit the webpage for more information:



cathedral.org.sg/wake-funeral



Member Contact Details

Update your contact details held in the SAC records at:



cathedral.org.sg/membership





JOIN OUR TEAM

The following positions are open for application:

- Communications Executive
- AV Coordinator/ Technician
- Associate Chplain (WAC)
- Verger

Find out more at cathedral.org.sg/iobs



CAR PARK

Members who wish to park at the SAC car park with member rates or to update their change of vehicle for member rates must submit their application at: cathedral.org.sg/carpark

For enquiries, please email carpark@cathedral.org.sg



Subscribe to our or e-mailing list or SAC WhatsApp Broadcast!









Visit cathedral.org.sg/subscribe

GVE tithes and offerings



2 WAYS TO GIVE



Internet Banking

Account Name: St Andrew's Cathedral Account Number: DBS Autosave 033-903411-8

PayNow Name:

St Andrew's Cath Parochial Church C UEN: T08CC4055LT01

Receipts will not be issued for online givings.

Pay to: "St Andrew's Cathedral"

On the reverse side of the cheque, you may indicate your Tithing number (if any). If you would like a receipt, please also write your name and mailing address.

Cheques can be mailed to St Andrew's Cathedral, 11 St Andrew's Road, Singapore 178959

FOR TITHES AND OFFERINGS

Tithes & Offerings: Your tithes and offerings will be used to support the ministries of the Church as well as the wider body of Christ in the world. Your givings enable the Church to carry out our mission according to the Church's budget plan, as well as to respond to the needs around us.

Designated Givings: As Cathedral is required to comply with applicable laws and regulations, including those governing charities, the Church can accept designated givings only for such mission partners and/or causes as the Church may determine at its discretion from time to time. Givings to other mission partners or causes will be treated as general offerings to support the ministries of the Church. Please email finance@cathedral.org.sg for clarification on designated mission partners and causes.



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IBLICAL

Thursdays 7.30pm - 9.00pm MORE DETAILS AT https://sph.org.sg/school-o biblical-studies/

CYCLE OF PRAYER 2024



Synod Presidential Address

Hear Bishop Titus' heart for our diocese in this season! Download a copy from the diocesan website at https://anglican.org. sg/wp-content/uploads/2024/05/May-2024-Synod-Address final-1.pdf



For job opportunities in the Anglican Diocese, please visit anglican.org.sg/work-with-us/



DIOCESAN DIGEST

Feb 2024 anglican.org.sg/diocesan-digest

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