



Sermon on 11/12 Mar 2023

Worshipping in Spirit and in Truth

John 4:5-26

Rev'd Alvin Toh

Live-streamed services at
7.30am and 9.30am via
cathedral.org.sg/youtube

11/12 MAR 2023

COLLECT THIRD SUNDAY OF LENT

Almighty God, whose most dear Son went not up to joy but first he suffered pain, and entered not into glory before he was crucified: mercifully grant that we, walking in the way of the cross, may find it none other than the way of life and peace; through Jesus Christ our Lord. Amen.

LECTIONARY READINGS

Exodus 17:1-7

Romans 5:1-11

John 4:5-42

 cathedral.org.sg

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ST ANDREW'S CATHEDRAL,
11 St Andrew's Road, Singapore 178959.
Tel: 63376104 Email: info@cathedral.org.sg

Bishop of Singapore and Dean Rt Revd Dr Titus Chung
Vicar Revd Canon Dr Lewis Lew
Associate Vicar Revd Christopher Chan
Clergy and Deaconess Revd Moses Israeli, Revd Daniel Lim,
Rev'd Alvin Toh, Revd Andrew Yap, Ds Ti Lian Swan
Auxiliary Clergy Revd Canon Dr Louis Tay,
Rev'd Soon Soo Kee
Auxiliary Deaconess Ds June Tan



PRAYER HIGHLIGHTS

THE WORLD

Pray for the easing of US-China tensions across multiple fronts and for both countries to have open and fruitful discussions to resolve differences. Pray that the US and China will refrain from power competition that may put the leaders of Asia in a difficult position and that may also threaten the peace and stability of the Asian region.

SINGAPORE

With climate change, sea levels around Singapore could rise by up to 1m by 2100 and more frequent storms of greater intensities with higher rainfall would increase flood risks. As such, Singapore must study the impact of rising sea levels and climate change on coastal processes to develop optimal solutions for enhanced coastal and flood resilience. Pray for Minister of Sustainability and the Environment, Ms Grace Fu and her ministry as they embark on a \$125 million research programme to find innovative, sustainable and smart solutions to enhance Singapore's coastal protection and flood management capabilities.

DIOCESE

Light of Christ Church Woodlands

Pray that in this season of church life, members will experience the power of God's word and grow deep in their relationship with God through

the practice of spiritual disciplines. Pray that the church will be a united community that reflects the character of Christ to the communities around them. Pray for divine strength and joy as the staff team lead the church in sowing seeds of the gospel and in bringing in the harvest.

CATHEDRAL

Alpha@Workplace (starting 15 March 2023)



Pray for Christian employers to encourage their staff to attend Alpha@Workplace, for church members to bring their colleagues and for many to be divinely drawn to this course through the publicity that goes out. Pray that the Holy Spirit will convict the hearts and minds of all participants, through the sharing of a personal testimony and the video talks at the launch on 15 March.

Adopt a Block in the Community (ABC)

(Outing to Gardens by the Bay for the Bukit Merah View residents on 25 March)

Pray for good weather and safety for all the residents and volunteers. May the residents also have a good time of interaction with the volunteers and thus further strengthen the friendship we have established with them. As they enjoy the beautiful flower display, may they also marvel at the Creator and the beauty of the world God has created.

SERVICES AT THE CATHEDRAL

In English		
TIME	HOLY COMMUNION	VENUE
Sat 4.00 pm	2nd and 4th week	CNS
Sat 5.30pm	Last week	Pavilion
Sun 7.30 am 	Weekly	CNS
Sun 9.30 am 	2nd and 4th week	Pavilion
Sun 11.30 am	Weekly	CNS
Sun 1.30 pm (Youth*)		Prayer Halls
Sun 4.30 pm	Weekly	CNS
Wed 12.30 pm	Weekly	Pavilion
In other languages		
Sat 2.30 pm (Hokkien)	1st week	Chapel for All Peoples
Sun 2.30 pm (Myanmar)	Weekly	CNS

* There is no Youth service on the 4th Sunday of the month.

 Service will be live-streamed at cathedral.org.sg/youtube



LENTEN SERMON SERIES



RISING FROM THE ASHES

View the 40-Day
Lenten Devotion at
cathedral.org.sg/ld

Also available on
interseed
in collaboration with
St Andrew's Cathedral



Feb 25 & 26

Overcoming Temptation
Rev'd Canon Dr Lewis Lew

Mar 4 & 5

The Saviour of the World
Rev'd Christopher Chan

Mar 11 & 12

**Worshipping in Spirit
and in Truth**
Rev'd Alvin Toh

Mar 18 & 19

The Light of the World
Rev'd Dr Andrew Peh
Dr Tan Kim Huat

Mar 25 & 26

**The Resurrection
and the Life**
Rev'd Canon Dr Lewis Lew

Follow our weekly reflection questions at:
cathedral.org.sg/ss

HOLY WEEK PROGRAMME 2023

HOLY MONDAY

3 April, 7.30pm @CNS

A House of Prayer

Revd Dr Andrew Peh

HOLY TUESDAY

4 April, 7.30pm @CNS

The Hour has Come

Archdeacon Wong Tak Meng

HOLY WEDNESDAY

5 April, 7.30pm @CNS

An Extravagant Act of Devotion

Mr Alfred Quah

MAUNDY THURSDAY*

6 April, 7.30pm @CNS

The Servant King

Revd Dr Maggie Low

GOOD FRIDAY*

7 April, 8am

(Combined Service @CNS & Pavilion)

The Sacrificial Lamb

Revd Dr Joshua Sudharman

& Revd Christopher Chan

HOLY SATURDAY

8 April

4pm@CNS & 5.30pm @Pavilion

The Buried Messiah

Dr Leow Theng Huat

EASTER SUNDAY*

9 April, 7.30am

(Combined Service @CNS & Pavilion)

The Risen Saviour

Bishop Dr Titus Chung

*Service will be live-streamed at cathedral.org.sg/youtube



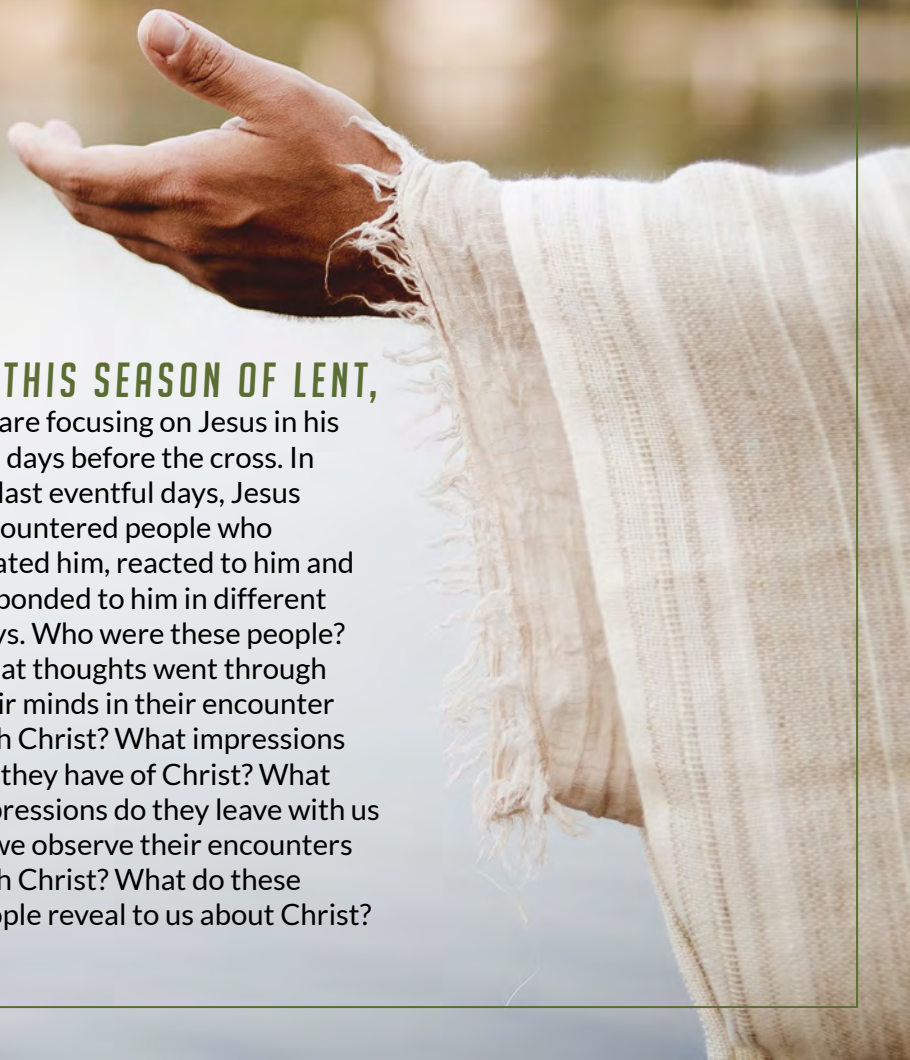
Wednesday 12.30pm Holy Communion Service

Mar 1 – April 5

LAST ENCOUNTERS before the Cross

IN THIS SEASON OF LENT,

we are focusing on Jesus in his last days before the cross. In his last eventful days, Jesus encountered people who treated him, reacted to him and responded to him in different ways. Who were these people? What thoughts went through their minds in their encounter with Christ? What impressions did they have of Christ? What impressions do they leave with us as we observe their encounters with Christ? What do these people reveal to us about Christ?



NextGEN MINISTRY

The NextGen Ministry brings together the Children Ministry, Youth Ministry and Young Adult Ministry with the aim of building up every child towards spiritual maturity as they grow from a toddler into adulthood.

CHILDREN MINISTRY PROGRAMME (3 – 12 years)

Please register via
[Children Ministry Registration Form](#)

Ministry	Level	Day/Time	Venue
Shalom Friends*	6 to 16 yrs	Saturday 2:30pm	SAC
CityKids	Preschool to Primary 6	Saturday 4:00pm	SAC
FaithKids 1	Preschool to Primary 6	Sunday 9:30am	The Adelphi
FaithKids 2	Preschool to Primary 6	Sunday 11:15am	SAC

*Shalom Friends reaches out to children and youths with Autism. Due to the nature of the ministry, Shalom Friends will cater to youths up to 16 years old.

To find out more about the Children Ministry,
contact nextgen@cathedral.org.sg



Click QR code
to register!

The Cathedral Youth Ministry

Metamorphosis

for teens 13 to 15 years

1st & 3rd Sundays of the month

10.45am - 12.15pm

Chapel for All Peoples

To find out more about the Youth Ministry,
contact nextgen@cathedral.org.sg

St Andrew's Cathedral

AGM

ANNUAL GENERAL MEETING

2023

All members are encouraged to check if you are on the Electoral Roll, by completing the [**ER Enquiry Form**](#).

Please call 63376104 if you require any assistance.

You must be on the Electoral Roll (ER) of St Andrew's Cathedral if you wish to vote at the **Cathedral Annual General Meeting (AGM)**, and/or be elected at the AGM onto the Parochial Church Council (PCC).

Baptised members who are at least 17 years of age, confirmed in the Anglican Church, regularly attending Service and partaking Holy Communion in the Cathedral, are eligible to be on the Electoral Roll.

Cathedral Women's Fellowship AGM 2023



Date : **18 Mar 2023**
Venue : Classroom A, B2
Time : 2pm – 4pm

All ladies are welcome.
Please register with Ms Lee Li at 96783311
by 13 Mar.

6th - 9th

JUNE '23

AT Thistle Hotel – Johor Bahru



ONE
FAMILY, CHURCH, VOICE

Be refreshed in God's Word & presence as ONE family - sign up for SAC Church Camp 2023 now!

SPEAKERS



Revd Dr Tan Soo-Inn Main sessions

Revd Dr Tan Soo-Inn is a director of Graceworks, a ministry committed to promoting spiritual friendship in church and society. His passions include connecting the Word of God to the struggles of daily life, and the promotion of the discipline of spiritual friendship



Mr Darius Foo Children's Ministry for children aged 3-12

Mr Darius Foo is the co-chairperson of ARISE! and has been serving in church running camps and programmes for children and youths for many years. He is an active associate trainer with the Bible Society and Scripture Union

FEES

SINGLE	_____	\$ 410
DOUBLE/ TRIPLE- SHARING	_____	\$ 280
CHILD WITH BED	_____	\$ 200
CHILD WITHOUT BED	_____	\$ 120
2 WAY TRANSPORT	_____	\$ 22

All fees quoted are in SGD inclusive of 3 nights of accommodation and 3 breakfasts, lunches and dinners

REGISTER BY 31 MARCH



cathedral.org.sg/camp



St Andrew's Cathedral

ALPHA

@ Workplace

EXPLORE Life • Faith • Meaning

A series of interactive sessions where marketplace professionals can explore life, faith and meaning in a safe and honest space

15 Mar - 3 May 2023 | 12.30pm - 1.30pm

Venue: City Hall Area

5&6 May | Weekend Away

Sign up here

www.cathedral.org.sg/alpha

Reach out to us at alpha@cathedral.org.sg

CHILDREN MINISTRY
EASTER PROGRAMME



Sat, 8 April 2023
Prayer Halls
St. Andrew's Cathedral
2:30pm - 5:30pm



Please scan the QR code or
click on the link to register by 2 April
<https://cathedral.org.sg/ngl>

To find out more, contact nextgen@cathedral.org.sg



The Marriage Preparation Course

The St Andrew's Cathedral
Marriage Preparation Course (MPC) is designed to help couples
develop strong foundations for a healthy and lasting marriage.

This course consists of six sessions of teaching,
couple-discussion time and small group discussions
and at least two mentoring sessions
led by marriage mentor couples.

DATES & VENUE:

Onsite at SAC: 13 Apr, 18 May;

via Zoom@mentors' homes: 20, 27 Apr, 4, 11 May


Time: 7pm – 9.30pm

Register at

<https://forms.gle/heakEo2FQEfGEdAR9>

Closing Date: 8 Apr or when all places are taken
(Limited to 10 couples)

For enquiries,
please email to mpc@cathedral.org.sg
or call 63376104





EQUIPPING YOU TO ENGAGE YOUTHS

SHAPE THE WORLDVIEW OF THE NEXT GENERATION

WHO SHOULD ATTEND:

- **Pastors and Leaders** working with children, youth and families
- **Sunday School Teachers**
- **Parents & Educators** keen to equip themselves in the worldview and subject matter of sexuality

WHAT YOU GET:

- A comprehensive and integrated biblical **framework** for life-stage sexuality education
- **Insights and data** on current trends and issues related to sexuality
- **Content and resources** to keep you equipped and updated
- Proposed **programmes, teaching tools and engagement tips** to conduct your own sexuality lessons and dialogues
- Access to a trusted, safe and likeminded **community** championing healthy sexuality

SAVE THE DATES!

20-22 Apr 2023

Thu 6.30pm - 9.30pm

Fri 9.30am - 6.00pm

Sat 9.30am - 12.30pm

\$380/pax (Grp of 4)

\$480/pax (Regular)



Register your interest here!

For enquiries, email sacce@cathedral.org.sg

THE MODERN FAMILY [PARENT EDITION]

Understanding LGBTQ relationships & activism

With so much talk and constant media bombardment on the LGBTQ+ issue, how can we make sense of gender, homosexuality and same-sex attraction from a Christian perspective? Gain practical handles to guide your child in strengthening their biblical convictions and moral courage to make a stand.

Date : 15 Apr 2023 (Sat)

Time : 9:30am - 12:30pm

Venue : St Andrew's Cathedral

11 St Andrew's Rd, S178959



Speakers: Gary & Joanna

Gary and Joanna present a dynamic approach in talking about love and life. Gary's sense of humour vs. Joanna's straight-talking approach are so different, yet both have the same passion of helping families and relationships thrive. Gary is a Family counsellor and Joanna serves as CEO of local charity Focus on the Family Singapore.

Course fee: \$35 per person

Registration: <https://forms.gle/9ZwXjulji78uFAJU7>



Organized by Family Life Matters, St Andrew's Cathedral



CITY COMMUNITY SERVICES

THANKSGIVING & FUNDRAISING DINNER

TRANSFORMING YOUNG LIVES

5 May 2023 | 6.30pm – 9.45pm
One Farrer Hotel

CITY Community Services was established in 2007 as part of St Andrew's Cathedral outreach efforts to the less privileged children in Singapore. Working in partnership with primary schools with a comprehensive mentoring programme, thousands of students have benefited much going through the programme with the support of our staff and volunteers.

We thank the Lord for His provision and look to the church to continue her kind support by joining us at our Thanksgiving & Fundraising Dinner.

You may support in the following ways:

- Sponsor a table at S\$2,500/S\$5,000/S\$10,000 each; or
- Purchase individual seat(s) at S\$250 each; or
- Give a general donation

Note: All contributions are eligible for 2.5 times tax deduction



Scan the QR code or click
<https://tinyurl.com/citydinner>
for more information.

BB WEEK 2023

11-26 MARCH 2023

St Andrew's Cathedral manages the 106J Singapore Company by working closely with the school teachers with our own BB officers and volunteers at Gan Eng Seng Primary School. Support this meaningful work by volunteering or giving.

TO GIVE:

1. Scan/click on the QR Code below
2. Select/enter the amount you would like to donate
3. Select payment mode
4. Enter your details for tax deduction
5. Complete the donation!

TO VOLUNTEER:

Please contact Peter at bb@cathedral.org.sg



To give, please scan/click on the QR Code



BUILDING A SURE FUTURE
STAYING STEDFAST IN OUR VALUES



THE BOYS' BRIGADE

Diocesan Apologetics Course: The Evidences for God



Diocesan Apologetic Course 1:

The Evidences for God

St Peter's Hall is running a new Diocesan Apologetics Course to equip participants with knowledge and skills to articulate compelling responses to intellectual obstacles in practical settings to our non-Christian friends.



Instructor: Dr Andrew Loke

**Date: 12, 19, 26 April, 3, 10, 17 May,
21 & 28 June (Wednesdays)**

Time: 7.30pm – 9.30pm

Course Fee: \$20

Dr Andrew Loke, a Fellow of the International Society for Science and Religion, is an Associate Professor in the Department of Religion and Philosophy at Hong Kong Baptist University. He is the author of many books and articles relating to Apologetics and is actively engaging in debates and giving talks. He worships at St Andrew's Cathedral.

All lessons will be conducted via Zoom.

Registration may be done at <https://bit.ly/3YitpXc>



MEMBER CARE

M I N I S T R Y

OUR VISION

Every person saved, secure and significant in Christ, living the abundant life, for the glory of God!

OUR MISSION

To journey with people toward wholeness, by offering the gift of our presence, a listening ear, a compassionate heart; to pray with, give encouragement and practical help for the way ahead, with reliance on God and the help of His Holy Spirit.

Our Care Teams are organised as follow:

- Care for the Elderly
- Care for the Young (the teens to 20s)
- Care for Married Couples and Families
- Care for Divorcees and Separated (Renewing Streams Ministry)
- Care for the Sick
- Care for the Bereaved
- Care for all Others (who do not fall into the above categories)

If you are facing challenges and would like the ministry to reach out to you, do contact us at membercare@cathedral.org.sg or call 6337 6104. To find out more about the ministry or volunteer with us, please visit

<https://cathedral.org.sg/care>





Diocesan Certificate of Biblical Studies

*Thursday
Evenings on
Zoom!*

Term 2 2023

Old Testament

2B The Pentateuch (2)
Leviticus, Numbers, Deuteronomy

Instructor: Ms. Brenda Goh,
Mr. Kwan Fook Seng, Dr. Gilbert Tan

10 lessons: 23 Mar - 1 Jun 7.30pm - 9pm
Note: No lesson on 6 Apr (Maundy Thursday)

Exam (optional) 10 Jun



New Testament

8B The Gospels (2)
Matthew, John

Instructor: Mrs. Michelle Tan, Mrs. Patricia Aw

10 lessons: 23 Mar - 1 Jun 7.30pm - 9pm
Note: No lesson on 6 Apr (Maundy Thursday)

Exam (optional) 10 Jun



Do register early !

Click or scan the QR code to sign up.

Course fees: \$10.00 | Exam fees: \$5.00

Payment instructions provided on registration.

Exam is optional. For more information on DCBS, please visit this link:

<https://sph.org.sg/school-of-biblical-studies/>

For other enquiries, write to dcbs.sph@gmail.com



We praise and thank God for the arrival of the lime plaster materials. The removal of plaster and brick repair works at the Bell Tower is nearing completion, and plastering works to the repaired wall surfaces using the lime plaster will now take place in the coming weeks. Priority will be given to the Bell Tower as we hope to finish the works to the Bell Tower in the earliest possible time. A small team of plasterers will concurrently work on the external walls of the Transepts where the walls are ready to be plastered and painted. Removal of plaster and brick repair works at the West Porch is nearing completion, and we hope to have additional plasterers coming onsite in the coming weeks to work on the completed areas. Painting works to the offices on Levels 2 and 3 of the South Transept should be completed soon, after which the painters will move on to paint the external areas where the walls are plastered and ready.

We are also looking into the rainwater discharge system at the Bell Tower. Whenever there is heavy rainfall, the rainwater overflows into the belfry and into the ringing chamber. We hope to address the issue by creating more discharge outlets at the belfry level, where the rainwater is collected and dispersed through the existing discharge system. We hope to increase the flow rate of the discharge water, as well as minimise the collection of rainwater at the four corners of the Bell Tower.

Within the Nave, the trenches are ready and the M&E works are in progress. The air-conditioning pipes are presently being laid. Once completed, the electrical works will commence together with the laying of cables for the AV and IT systems.

The Cathedral team continues to work closely with the main contractor on site operation matters. As we work towards the completion of the restoration project, we continue to pray for the timely provision of the scaffold materials

needed for the rest of the Nave; for the safety of all workers and the technical team, especially when working at heights; and for good weather, so as all works can continue smoothly and safely.

We also continue to pray for the Lord's favour over the restoration: for skilled workers to be available; for a safe and peaceful environment for the work to continue with minimal disruptions and distractions from internal and external sources; and for wisdom and practical abilities for the project teams to give of their best to this work.

"Unless the LORD builds the house, the builders labour in vain" applies very much to the restoration of the Cathedral Nave. In Jesus Name, we pray. Amen.



Left: Delivery of lime plaster materials

Below: Inspection of rainwater discharge system at the Bell Tower

Bottom: Painting works of ST Level 3



STAY CONNECTED

with the Cathedral



Find out about our Sunday School, Youth and Young Adult ministries:

 cathedral.org.sg/nextgen
 nextgen@cathedral.org.sg



Cell Group

Being part of a cell group allows us to grow in our Christian faith as we share our lives with each other. Join one at:

 cathedral.org.sg/cell-groups



Visit the web page for updates or drop us an email to find out more:

 cathedral.org.sg/restoration
 nave_restoration@cathedral.org.sg



Member Contact Details

Update your contact details held in the SAC records at:

 cathedral.org.sg/membership
 membership@cathedral.org.sg



JOIN OUR TEAM

The following pastoral positions are open for application:

- Communications Executive
- NextGen Ministry Administrator
- Ministry Administrative Executive

Find out more at cathedral.org.sg/jobs



CAR PARK

Members who wish to park at the SAC car park with member rates must submit their application at: cathedral.org.sg/carpark
For enquiries, please email carpark@cathedral.org.sg



Subscribe to our or e-mailing list or SAC WhatsApp Broadcast!



Visit cathedral.org.sg/subscribe





Check out courses
and activities organised by
Diocese of Singapore



DIOCESAN
CERTIFICATE OF
BIBLICAL
STUDIES

Thursdays 7.30pm - 9.00pm

MORE DETAILS AT
<https://sph.org.sg/school-of-biblical-studies/>

CYCLE OF PRAYER 2023



**DIOCESAN
DIGEST**



DIOCESAN DIGEST
Jan 2023 anglican.org.sg/diocesan-digest



**WE ARE
HIRING!**

For job opportunities in the Anglican Diocese,
please visit anglican.org.sg/work-with-us/

CONTACT THE DIOCESE AT



anglican.org.sg



admin@anglican.org.sg

GIVE

tithes and offerings



2 WAYS TO GIVE



Online

Internet Banking

Account Name: St Andrew's Cathedral
Account Number: DBS Autosave 033-903411-8

PayNow

PayNow Name:

St Andrew's Cath Parochial Church C
UEN: T08CC4055LT01

Receipts will not be issued for online givings.

Cheques

Pay to: "St Andrew's Cathedral"

On the reverse side of the cheque, you may indicate your Tithing number (if any).

If you would like a receipt, please also write your name and mailing address.

Cheques can be mailed to
St Andrew's Cathedral,
11 St Andrew's Road, Singapore 178959

FOR TITHES AND OFFERINGS

Tithes & Offerings: Your tithes and offerings will be used to support the ministries of the Church as well as the wider body of Christ in the world. Your givings enable the Church to carry out our mission according to the Church's budget plan, as well as to respond to the needs around us.

Designated Givings: As Cathedral is required to comply with applicable laws and regulations, including those governing charities, the Church can accept designated givings only for such mission partners and/or causes as the Church may determine at its discretion from time to time. Givings to other mission partners or causes will be treated as general offerings to support the ministries of the Church. Please email finance@cathedral.org.sg for clarification on designated mission partners and causes.

FOR THE HERITAGE FUND

Cheques – Pay to "St Andrew's Cathedral".

Write "Heritage Fund" on the reverse side and include your name and mailing address.

Online transfer

Account Name: St Andrew's Cathedral
Account Number: DBS Autosave 033-019550-8

PayNow:

Heritage Fund UEN - T08CC4055LHF1