



# 40 Day Lent Prayer Guide

ST ANDREW'S CATHEDRAL



# THE CATHEDRAL



### Vicar & Staff Team

"And He (Christ) gave the apostles, the prophets, the evangelists, the shepherds and teachers, to equip the saints for the work of ministry, for building up the body of Christ," (Eph. 4:11-12)

"Now there are varieties of gifts, but the same Spirit; and there are varieties of service, but the same Lord; and there are varieties of activities, but it is the same God who empowers them all in everyone." (1 Cor. 12:4-6)

### Thanksgiving:

Thank God for blessing us with Vicar Lewis Lew and the new team of clergy (Rev William Chee, Rev Christopher Chan and Rev Daniel Lim). Thank God for the varied giftings that they bring with them to the Cathedral Church and for their contagious enthusiasm and joyful service to the Lord.

Thank God for the team of long-serving clergy and faithful deaconesses (Rev Joshua Raj, Rev Bertram Cheong, Rev Moses Israeli, Ds June Tan, Ds Ti Lian Swan, Ds Grace Tan). Thank God for their sacrificial service to the body of Christ and their loving commitment to shepherd the people under their watch.

Thank God for the pastoral staff team, the admin team, the finance team and all the ground staff. Thank God for the excellence with which they do their work and for their hard work and perseverance in this COVID season to meet the different work challenges.

Thank God for calling each of them to this Cathedral family.

### Pray:

- For fruitfulness in all their ministries. For joyful, meaningful engagement for each of them.
- For Vicar Lewis – that God protect him and his family as he advances God's kingdom in the church and beyond (Isa. 54:17; Prov. 18:10); that God grant him good health, favour and success in all his endeavours (Psa. 90: 17); that God strengthen his stakes and lengthen his cords in ministry (Isa. 54:2-3); that God grant him clarity of vision, soundness of mind and courage & fortitude to do God's work and accomplish His will at the Cathedral.
- For the whole staff team – that God protect and shield each of them and their family members from all evil and harm (Psa. 91); that God grant them favour and prosper the work of their hands (Psa. 90:17); that there will be strong bonds of friendships formed with the church members and

among themselves; that they will have the mind of Christ to esteem others better than themselves and in the spirit of humility serve God and serve one another (Phil. 2:1-8); that they will be Spirit-filled and Spirit-led; and renewed and refreshed daily as they walk in their God-ordained paths of ministry.

- For joy in the Cathedral office – that every office and work station will be a sanctuary of the Lord, pleasing and delightful to Him.

## Members

“I therefore, a prisoner for the Lord, urge you to walk in a manner worthy of the calling to which you have been called, with all humility and gentleness, with patience, bearing with one another in love, eager to maintain the unity of the Spirit in the bond of peace. There is one body and one Spirit—just as you were called to the one hope that belongs to your call— one Lord, one faith, one baptism, one God and Father of all, who is over all and through all and in all.” (Eph. 4:1-6)

## Thanksgiving:

Thank God for the Cathedral family and for God’s gift of each one to the other.

Thank God for our common life in Christ and for calling us to His purpose.

Thank God for His grace upon each one of our lives.

## Pray:

- That members will know our identity in Christ and arise as a people of God to shine for Him in this hour of darkness.
- That we may live out what the word of God declares we are: “A chosen race, a royal priesthood, a holy nation, a people for His own possession, that you may proclaim the excellencies of him who called you out of darkness into His marvellous light.” (1 Peter 2:9)
- That we will be a community bonded together in Christ’s love and marked by our love for one another, that the world may know we are Christ’s disciples (John 13:34-35); that we will value one another and integrate our different spiritual gifts to strengthen and build up the Body of Christ in the Cathedral.
- That we will give ourselves to prayer, align our lives to the Word of God and unite to pursue “a deeper life in Christ”.
- That we will be alert to the enemy’s schemes and keep watch over one another so that the enemy cannot derail, divide, deceive or discourage us.
- That we will support our Vicar, pastors and leaders in the re-building of our Father’s house and in the extension of His Kingdom. (Heb. 13:17)

### Mother Church

#### Pray:

- That Cathedral will more fully flow into and fulfill her role as mother church of our Diocese.
- That in the grace of God, Cathedral will birth more daughter churches.
- That the Cathedral will be a role model in upholding sound doctrine, in the practice of spiritual disciplines and in being a blessing to the Body of Christ.

### Spiritual Hub for the City

#### Pray:

- That the Cathedral which God has set in the heart of our city will be a spiritual oasis for the heavy laden and the weary, that they will encounter God in times of quiet reflection and silent prayer.
- That it will be a place where God's word is proclaimed and where people can find spiritual nourishment to satisfy the deep longing of their souls and spirits. Pray that our weekday Services will minister to the needs of the office workers and communities around us.
- That it will be a place people who are lost or hurting can find salvation and healing in our Lord.

### Church for the Nation(s)

#### Pray:

- That people from all walks of life, especially the unchurched will be drawn into the Cathedral and as they enter her gates, they will sense God's presence in this place; they will find a warm welcome among His people and they will be drawn to the love of Christ.
- That we will hold our nation in our hearts and in our prayers; we will do our part in what pleases the Lord to safeguard and build up this nation.
- That the Cathedral will be "home" to those who have come from abroad to work in Singapore and are seeking a place of worship and a people to which they can belong.

### A People of Prayer

Abide in me, and I in you. As the branch cannot bear fruit by itself, unless it abides in the vine, neither can you, unless you abide in me. I am the vine; you are the branches. Whoever abides in me and I in him, he it is that bears much fruit, for apart from me you can do nothing. If anyone does not abide in me he is thrown away like a branch and withers; and the branches are gathered, thrown into the fire, and burned. If you abide in me, and my words abide in you, ask whatever you wish, and it will be done for you. (John 15:4-7)

#### Thanksgiving:

Thank God that because of Christ our great high priest, we may “with confidence draw near to the throne of grace, that we may receive mercy and find grace to help in time of need.” (Heb. 4:16)

Thank God he is prayer answering God who says to us “Call to me and I will answer you, and will tell you great and hidden things that you have not known.” (Jeremiah 33:3)

For all His answers to our prayers (you may wish to specifically mention them in thanksgiving)

#### Pray:

- That we will be ever conscious of our total dependence on God and of the central place of prayer in the life of every believer; we will acknowledge that apart from God, we can do nothing.
- That God will teach us how to pray according to His will “...the Spirit helps us in our weakness. For we do not know what to pray for as we ought, but the Spirit Himself intercedes for us with groanings too deep for words. And He who searches hearts knows what is the mind of the Spirit, because the Spirit intercedes for the saints according to the will of God.” (Romans 8:26, 27)
- That we will have mountain moving faith to believe God for the things He has revealed to us and to ask boldly for these things, trusting in His word. (Luke 17:5-6)
- That prayer will be the priority in our personal lives as well as in our corporate life; that we will seek God for everything in prayer and undergird all we do with prayer.
- That the Cathedral will be a house of prayer for this nation and the nations beyond our shores. Like the golden bowls in heaven filled with incense which are the prayers of the saints (Rev. 5:8), we will steward the church, the nation and nations of the world in prayer.

### A People Formed by Christ

“My little children, for whom I am again in the anguish of childbirth until Christ is formed in you!” (Gal. 4:19)

#### Thanksgiving:

Thank God for the addition of new believers to the Cathedral fold and for spiritual parents who, like the apostle Paul, agonize over the spiritual formation of new believers.

#### Pray:

- For members to step into the role of spiritual parents to care for the needs of new believers in Christ.
- For spiritual mentoring relationships to be formed where we care holistically for the physical, mental, emotional and spiritual health of our brothers and sisters in Christ.
- That every Cathedral member will have a strong faith foundation and desire to grow spiritually to become a faithful disciple of Christ, whose will is not to do his/her own will but the will of the Heavenly Father.
- That members will consistently practise the spiritual disciplines, pull away from the noise and demands of the external world and attend to the state of our inner being.
- That we will daily focus our spiritual eyes on what our Master is doing and tune our spiritual ears to hear His voice, that we may follow His lead.
- That we may have the mind of Christ to think His thoughts and perceive things from His divine perspective.
- That we will count the cost of following Christ and be willing to pay the price - denying self, taking up our cross daily and following Christ (Luke 9:23)
- That we will have His heart of compassion to care for the needy, to reach out to the lost and be disciple makers of all nations.

### A People of the Word

"Your word is a lamp to my feet and a light to my path" (Psa. 119:105)

"Man shall not live by bread alone, but by every word that comes from the mouth of God." (Matt. 4:4)

#### Thanksgiving:

Thank God for the pulpit ministry which has blessed, strengthened and united the Cathedral family.

Thank God for establishing within the Cathedral, a Centre for Biblical Studies through our Diocesan Certificate of Biblical Studies programme. This programme began in January 2017 and offers a systematic study of the major themes of the 66 books of the Bible, over a 4 year period. Its main aim is to increase biblical literacy within the Body of Christ.

Thank God for the successful completion of the first cycle of DCBS in 2020 and for the growing number of students from many different denominations who have benefitted from this systematic study of the word of God.

Thank God that He has enabled DCBS to move to an online platform since July 2020, making the program available even to Christians from overseas.

Thank God for providing the needed administrative and technical support to host the weekly online teaching.

Thank God for enabling Ds Grace Tan to helm DCBS since its inception, with the strong support of a core team and for the team of committed instructors who have contributed much to the establishment and growth of DCBS.

Thank God for blessing us with Rev William Chee who will be joining the Cathedral in April and who will be helming the Christian Education Department.

#### Pray:

- For a strong pulpit ministry, for God's anointing upon the preaching of His word and for receptive hearts, that God's word will go forth in power and authority to accomplish God's purpose in and through the Cathedral, for His glory.
- That God will continue to enlarge the DCBS tent and strengthen its stakes to meet the growing needs of the Christian community in Singapore and beyond.



- For Rev William Chee (the Diocesan Lay Training Coordinator and the Cathedral's Christian Education Pastor) and Ds Grace Tan as they continue to build on the strong foundation God has laid. Pray also for more anointed and gifted teachers to join the team of instructors.
- That God continue to enable our DCBS instructors to teach His Word with clarity and power; that as they study God's Word, they will encounter Him personally; that they will be God's mouthpieces and the Word through them shall not return to God empty but it shall accomplish that which God purposes and shall succeed in the thing for which He sent it. (Isa. 55:11)
- That there will be deep hunger and thirst for God's Word in the hearts of His people, that through the study of His word, their minds will be renewed and their lives will be transformed, that they will grow deeper in their relationship with Christ and be conformed to His image; that they will delight in His statutes and not forget His Word. (Ps 119:16).
- That God will bless the hands of Nicole Lee, our DCBS administrator and the technical support teams, endue them with strength and wisdom as they work through the administrative details and host the weekly zoom teaching sessions. Pray also for strong internet connections so that lessons can be conducted smoothly without any disruption.
- For Rev William Chee as he heads up the Christian Education Department in the Cathedral, assisted by Ds Grace Tan, that God will grant them divine wisdom and counsel to provide the infrastructure and training for members to be spiritually formed, to grow strong in faith and as committed disciples of Christ.

## DAY 14

### A People on God's Mission

"And Jesus came and said to them, 'All authority in heaven and on earth has been given to me. Go therefore and make disciples of all nations, baptising them in the name of the Father and of the Son and of the Holy Spirit, teaching them to observe all I have commanded you. And behold, I am with you always, to the end of the age.'" (Matt. 28: 18-20)

#### Thanksgiving:

Thank God that over the years, He has opened many doors to the Cathedral for local outreach and missions.

Thank God for His many faithful servants in the Cathedral who have worked tirelessly and sacrificially to seed the work of evangelism and missions in the Cathedral.

Thank God for His faithfulness over the last 20 years, in establishing and growing the ministry to Cambodian youth and children through the work of Project Khmer H.O.P.E., which now spans 3 Centres (in Chbarmon, Aoral and Trang) and 1 English School located in Kampong Speu Orphan Centre.

Thank God for Vicar Lewis, whose many years of experience on the mission field as the former Dean of Nepal, will be invaluable in deepening and widening the reach of evangelism and missions, in the Cathedral.

**Pray:**

- That every Cathedral member will embrace Christ's core mission for His Church which is to make disciples of all nations and that this is the responsibility of every one who calls himself/herself Christian.
- That God will put His heart, a heart of compassion for the lost, in our hearts; that we may sense the urgency of the hour as the unsaved are headed for a Christ-less eternity and that He may open our eyes to see that the fields are ripe for harvest.
- That we will be obedient to the Great Commission and be intentional in praying for the lost, that as we sow in tears, we will reap with shouts of joy, bringing in the sheaves (Psa. 126:6); that we will repent where we have been inward looking and have sinned against God by failing to obey His Great Commission.
- For every Connect Group to be actively involved in local outreach and in missions.
- For Vicar Lewis and Adeline Hee our Missions Coordinator, as they seek God for His direction and divine strategies to expand the work for the extension of God's Kingdom, in this new season.

**For Local Outreach:**

**A. Alpha - under the leadership of Steven Wong**

**Pray:**

- For seekers to find God as they come with their questions.
- For the outpouring of the Holy Spirit on the seekers in divine encounter.
- For strong friendships to be forged with seekers.
- For fruitful harvest.

**B. Lazarus Ministry - under the leadership of Shaun Foo**

**Pray:**

- For more volunteers to sign on.

- For rough sleepers to accept our hand of fellowship.
- For Christ's love to shine through our volunteers and touch lives.
- For fruitful harvest.

### **For Overseas Missions:**

#### **A. Project Khmer H.O.P.E - under the leadership of Adeline Hee and Ds Bessie Lee**

The Staff:

##### **Pray:**

- For Susan Goh - Centre Director, overseeing the Centres and Hospitality vocational training to equip students for jobs in the hotel industry.
- For Joyce Carino - teaches English to students in Chbarmon.
- For Deborah Teo (from Grace Baptist Church) - oversees the work in Trang, teaching English and providing before-and-after-school care.
- For Lim Wei Inn - based in Singapore, conducting online English classes.
- For Kin Souvuth - a Cambodian who oversees the Industrial Skills vocational training in Aoral.

For the national team of trainers/teachers and staff who teach English, computer skills and provide pastoral support:

##### **Pray:**

- Students will learn well and be equipped for jobs to get out of the poverty trap.
- For their health and safety during this pandemic.
- They will experience Christ's love through the teachers and staff.
- They will come to know Christ and receive salvation in Him.

#### **B. Batam 289 Fellowship of the Manger - under the leadership of Mike Nga**

##### **Pray:**

- For the core team to be creative, resourceful & united in outreach efforts.
- For more volunteers and for the increased participation of Connect Groups in the activities planned for 2021.
- For pastors, families and children in Batam- God's protection and provision for their needs.

#### **C. Palu, Sulawesi**

##### **Pray:**

- For local pastors and staff, their families and the families who are still struggling with rebuilding their lives after the earthquake and tsunami - for God's protection and provision, a wide, encouraging and strengthening support base and unity in undertaking tasks.

- For government support - more officials who are genuinely concerned for and who will provide for the villagers.

#### **D. Befriending Migrant Workers - under the leadership of Lawrence Wee**

##### **Pray:**

- For opportunities to connect with and befriend migrant workers and good rapport.
- For sensitivity to cultural ethos.
- For genuine friendships to be forged.
- For Christ's love to shine through our volunteers and touch lives.
- For fruitful harvest.

## **DAY 15**

### **A People of the Spirit**

"For all who are led by the Spirit of God are sons of God." (Romans 8:14)

#### **Thanksgiving:**

Thank God for sending His Holy Spirit to indwell every believer that we may be empowered to live the Christian life

Thank God that the Holy Spirit is our Comforter, our Teacher, our Guide and much, much more. (Jn. 14:16, 26)

Thank God that the Holy Spirit gives gifts to every believer for the common good. (1 Cor. 12:4-7)

Thank God for the power of the Holy Spirit to be Christ's witnesses. (Acts 1:8)

#### **Pray:**

Invite the Holy Spirit to search you. Consider your own attitude/behaviour.  
Repent of:

- Ingratitude - a murmuring/grumbling spirit.
- Sins of the tongue - deceit, gossip, sowing seeds of discord among the brethren.
- Idolatry & rebellion - loving the world more than God; disobeying God's laws.
- Injustice - practising discrimination; callousness towards the poor and needy; indifference to the suffering.

- Pride and Arrogance – esteeming self above others; lacking in a servant spirit.

### **Pray for yourself:**

- For a broken spirit and a contrite heart (Psa 51:17)
- For the fear of the LORD to be real in your life (note Psa. 139:7-12).
- For an obedient heart to stay close, love and follow the Lord (Jn. 15:4-11).

### **Pray for the Church**

- For the Holy Spirit to move freely and powerfully in every church gathering. (1 Cor. 14)
- For the mind of Christ to prevail over our belief systems/mindsets. (Phil 2:3-8)
- For genuine reconciliation of broken relationships. (Romans 12:9-10; 17-21).
- For the healing of our land that revival may break forth. (2 Chron. 7:14)