

Healthcare Prayer Service



WELCOME

A warm welcome to all members and visitors to our Services today.

HOLY COMMUNION

We welcome all confirmed members of the Anglican Church and visitors who are communicant members of other churches to share in the Holy Communion with us. Our practice is to have the Holy Communion by intinction (dipping of the wafer into the wine). If you are not partaking of the Communion, you are welcome to come forward to receive a prayer of blessing. Please keep your hands clasped to indicate that you are not receiving the Communion.

PRAYER & MINISTRY

If you would like to talk to someone or receive prayer ministry, in most Services this is offered either during or after a Service. Note the following:

Sat 4.30pm In Service

8.00am After Service at prayer table

9.00am In Service

11.15am After Service at communion rails eleven.**30** In Service

Bishop of Singapore and Dean

The Rt Revd Rennis Ponniah

Vicar Revd Canon Terry Wong

Clergy Revd Canon Rinji Kwashi, Revd Peter Cook, Revd Michael Lim, Revd Bertram Cheong, Revd Joshua Raj, Revd Hambali Leonardi, Revd Calvin Wee, Revd Moses Israeli

Auxilliary Clergy Revd Canon Dr Louis Tay, Revd Soon Soo Kee, Revd Christopher Tan, Revd Freddy Lim

Deaconesses Ds Bessie Lee, Ds June Tan

14/15 MARCH 2020

COLLECT FOR ASH WEDNESDAY

Almighty and everlasting God, you hate nothing you have made and forgive the sins of all who are penitent: Create and make in us new and contrite hearts, that we, worthily lamenting our sins and acknowledging our wretchedness, may obtain of you, the God of all mercy, perfect remission and forgiveness; through Jesus Christ your Son our Lord, who is alive and reigns with you in the unity of the Holy Spirit, one God, for ever and ever. Amen.

COLLECT FOR 3RD SUNDAY OF LENT

Almighty God, whose most dear Son went not up to joy but first he suffered pain, and entered not into glory before he was crucified: mercifully grant that we, walking in the way of the cross, may find it none other than the way of life and peace; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. Amen

LECTIONARY READINGS

Exodus 17:1-7; Romans 5:1-11; John 4:5-42

HYMNS

8.00am: CP525; CP467; CP435; CP455 **11.15am**: CP525; CP467; CP435; CP455 **5.00pm**: HP4; HP237; HP145; HP101





WHAT BOOK WILL YOU BE READING IN LENT?

There are some Christians - clergy and bishops included - who would observe Lent by going through **a book**. Just one good book and to read it entirely during the 40-day Season of Lent (sans the 6 Sundays in Lent). This also make sense in this Covid19 season.

Reading a good book can be very enriching. It takes some discipline and thus, finding a book which you derive some delight in reading will be helpful. If your working hours are hard and long, you may have to do with half an hour of reading just before bedtime and doubling that time during weekends. If you focus and stay on just one good book, you will be surprised how much you can gain from it.

What kind of book should you read? Being a pastor, you would expect me to recommend a good Christian one and I will. Every person's reading habits will be different and we all have different topics which we are more familiar with. For some, a book like Eugene Petersen's classic, A Long Obedience in the Same Direction would be a helpful read whereas others will find too heavy. Almost any book by John Stott would be a good read. Some new to the Christian faith may find Stott's Basic Christianity helpful. Those who grew up reading good literature may prefer to wander in the world of C.S. Lewis. His list is rich and wonderful such as Mere Christianity, The Problem of Pain, The Great Divorce and Surprised by Joy.

We have some good local Christian writers though it can be challenging to get a hand

on those due to weak local distribution channels. We do try to carry some titles at our Welcome Centre.

As for current authors, Timothy Keller's works are very accessible for the modern reader. The Liturgy of the Ordinary by Tish Harrison Warren is unique or the beautifully written Amazing Grace by Eric Metaxas, which tells the story of courageous William Wilberforce and the abolishment of slavery. Those seeking to know deeper about Anglican faith, history and distinctive will find Anglicanism by Stephen Spencer helpful. For some "hardcore" reading, On the Thirty Nine Articles by Oliver O' Donovan will satisfy. I have been going through The Medieval Church by Carl A. Volz, filling in the gaps not covered by my Church History classes in theological college. And of course, knowing our own history is important and Joseph Thambiah's History of Anglicanism in Singapore 1819-2019: The Bicentenary of Divine Providence, which is now available on Kindle and very affordable.

What about "secular" books? Bill Bryson's The Body would be fascinating whereas the needful *Orientalism* by Edward Said will need a few seasons of Lent to read through at my pace.

For daily devotional readings, there is of course the Lent Devotional 2020, Follow Him by Bible Society. I am deeply enriched by the writings of Henri Nouwen, i.e The Way of the Heart or Raniero Cantalamessa's Life in Christ, which has stayed with me for many years now.

Do pick your read in Lent and be blessed.



THE WORLD

Pray that governments around the world will have divine wisdom to implement substantial targeted fiscal, monetary and financial market measures to help households and businesses adversely affected by the de-stabilising effects of Covid19, to economies, consumers and businesses. In view of the global economic linkages, pray also for a greater coordinated, international response to counteract the economic impact of this rapidly spreading virus. Pray that in our state of helplessness, governments and people around the world will acknowledge our need for God and His sovereign intervention, that people will encounter God in challenging circumstances and see His hand of deliverance as they crv out to Him for grace and mercy.

SINGAPORE

Pray for continued wisdom to make right decisions as our government leaders and healthcare workers keep watch over the Covid19 situation in Singapore and take effective measures to safeguard the health of our people and to stabilise the economy. Pray for all those infected by the virus, especially the elderly, the young and those in the intensive care unit, to recover from the virus attack on their respiratory and immune systems. Pray that good will come out of this bad situation as Singaporeans stand together, practise social responsibility and cultivate good hygiene habits.

The Church in Singapore

Thank God that He is exposing false teachings and deception in the midst of Covid19. Pray that the Church in Singapore will awaken to the urgent need to share God's truth with everyone, especially the youths and young adults in Singapore, who are seeking answers to life. Pray that we will bring His life transforming word to light the path of those who are walking in darkness; that they may know Him and receive the eternal life He offers to all who seek Him.

DIOCESE

St Hilda's Church

Pray that Vicar Archdeacon Wong Tak Meng, Associate Vicar Revd. Martin Jungnickel, priests, pastoral staff and lay leaders of the English and Chinese Congregations, will be divinely guided as they lead the church towards "Maturity in Christ" (theme for 2020). Pray for the stakeholders, principal and teachers of St Hilda's Kindergarten as they seek the Lord for wisdom to face the challenges of preschool education. Pray also that the ministry of St Hilda's Community Services to the elderly in Kampong Arang, will touch and transform many lives. Pray that all who serve the Lord in various capacities will be united in spirit to seek Him and to fulfil His purposes, for the glory of His Name.

CATHEDRAL

Prayer & Praise (31 March)

Pray that the Cathedral family will remain fervent in prayer as we seek the Lord to understand His ways and turn away from what grieves His heart. Pray for Revd. Calvin and the Saturday 4.30 pm Service team as they wait on God to receive His agenda for this prayer meeting. Pray that in our time together, our worship and prayers will rise up as sweet incense to the Lord, an aroma that is well pleasing to Him.

PLEASE PRAY FOR THE SICK

Annie Dang, Marjorie Lau, Nancy Li, Barbara Rayney, Joy Brett, Doris Proctor, Ana Pelaez, Rachel Liew Lah Ket and Lim Soon Chye. Members who know them are encouraged to visit and pray with them.

SATURDA	Y SERVICE 14 MARCH	SATURDA	Y SERVICE 21 MARCH
4.30 pm	Contemporary Service CNS Revd Peter Cook	4.30 pm	Contemporary Service <i>CNS</i> Ds Bessie Lee
SUNDAY SERVICE 15 MARCH		SUNDAY SERVICE 22 MARCH	
7.00 am	Holy Communion <i>Nave</i> Canon Rinji Kwashi	7.00 am	Holy Communion <i>Nave</i> Ps Grace Tan
8.00 am	Holy Communion <i>Nave</i> Revd Peter Cook	8.00 am	Holy Communion <i>Nave</i> Canon Rinji Kwashi
9.00 am	Holy Communion CNS Bishop Rennis Ponniah	9.00 am	Contemporary Service CNS Ds Bessie Lee
9.00 am	Tamil Service Chapel for All Peoples	9.00 am	Tamil Service Chapel for All Peoples
9.30 am	Service in Mandarin Nave	9.30 am	Service in Mandarin Nave
11.15 am	Service in Mandarin CNS	11.15 am	Service in Mandarin CNS
11.15 am	Holy Communion <i>Nave</i> Revd Peter Cook	11.15 am	Holy Communion <i>Nave</i> Canon Rinji Kwashi
11.30 am	Contemporary Service Prayer Halls Bishop Rennis Ponniah	11.30 am	Contemporary Service Prayer Halls Ds Bessie Lee
2.00 pm	Filipino Service <i>NT Hall</i> Ps Carolina Alar	2.00 pm	Filipino Service <i>NT Hall</i> Revd Soon Soo Kee
2.00 pm	Myanmar Worship Service <i>CNS</i> Revd Hambali Leonardi	2.00 pm	Myanmar Worship Service <i>CNS</i> Revd Moses Israeli
2.30 pm	Bahasa Indonesia Service <i>Classroom A</i> Mr Victor Effendie	2.30 pm	Bahasa Indonesia Service <i>Classroom A</i> Mr Victor Effendie
2.30 pm	Service in Cantonese Nave	2.30 pm	Service in Cantonese Nave
4.30 pm	Hokkien Alpha <i>Prayer Halls</i> Revd Freddy Lim	4.30 pm	Hokkien Alpha <i>Prayer Halls</i> Revd Freddy Lim
5.00 pm	Holy Communion <i>Nave</i> Canon Rinji Kwashi	5.00 pm	Evensong Nave Ps Grace Tan
5.00 pm	Service in Mandarin CNS	5.00 pm	Service in Mandarin CNS
EXTENSION CENTRES		SUNDAY SCHOOL MINISTRIES	
10.00 am	Westside Anglican Church	4.30 pm	Saturday CITYKids Ministry
	Revd Bertram Cheong	8.00 am	Prayer Halls, B1
10.00 am	Jurong Anglican Church	6.00 am	Sunday School North & South Transept Halls
	Mandarin	9.00 am	Sunday School Enquire at CNS, B2
	Bestway Centre	9.30 am 11.15 am	Sunday School (Mandarin) Sunday School
		5.00 pm	Enquire at North Transept Hall Junior Cell South Transept Hall
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Live- Streaming of the 8am and 9am Services
Members who stay at home during this Covid-19 outbreak,

Members who stay at home during this Covid-19 outbreak, are encouraged to join in the Sunday Services conducted at the Cathedral at 8am and 9am.

To join in, please log on to cathedral.org.sg/8amlive (8am Service)

cathedral.org.sg/9amlive (9am Service)

WEEKDAY SERVICES/MEETINGS

MONDAY, 16 MARCH

12.00 pm Mid-Day Prayer Nave

TUESDAY, 17 MARCH

7.30 am Clergy and Leaders

Holy Communion Nave

12.00 pm Mid-Day Prayer Nave

WEDNESDAY, 18 MARCH

7.30 am The Quiet Garden Meditation

West House

12.30 pm Holy Communion Nave

THURSDAY, 19 MARCH

9.30 am Holy Communion

Nave

12.00 pm Mid-Day Prayer Nave

FRIDAY, 20 MARCH

12.00 pm Mid-Day Prayer Nave

7.00 pm Young Adults' Ministry

Chapel for All Peoples
A love that keeps door open

SATURDAY, 21 MARCH

2.00 pm LYnC Youth Ministry

Chapel for All Peoples

COMING UP

MARCH 2020

15 Dedication of the Pavilion

17 Marriage Preparation Course Emotionally Healthy Woman

18 Alpha Lunchtime

24 Emotionally Healthy Woman

25 Alpha Lunchtime

31 Prayer & Praise

APRIL 2020

1 Lent Desert Retreat

4 The Quiet Garden Retreat

5 Palm Sunday

7 Emotionally Healthy Seminar

8 The Marriage Course

9 Maundy Thursday

10 Good Friday

11 Easter Vigil/Eve Memorial

12 Easter Sunday

14 Emotionally Healthy Seminar

21 Emotionally Healthy Seminar

22 The Marriage Course

28 Prayer & Praise

MID-DAY PRAYER 12.00PM

St Andrew's Cathedral, Nave

(excluding Wednesdays and Public Holidays)

ALPHA LUNCHTIME

Wed 19 Feb - 29 Apr 2020 12pm, Lunch provided Chapel for All Peoples

Alpha

SERVICE FOR THE DEDICATION OF THE PAVILION

The construction of the Pavilion on the North Lawn of the Cathedral was completed in December 2019. This ground level facility of 575 square metres provides the Cathedral with the much needed space for communal activities and fellowship gatherings.

Please join us for a short Service of Dedication
by our Bishop and Dean of the Cathedral, Bishop Rennis Ponniah.

Sunday 15 March 2020, 12.45pm



POSITIONS AVAILABLE

St Andrew's Cathedral has a vacancy for the post of **HR Executive**. The successful applicant will provide administrative support to the HR function in the Church, as well as form part of the team providing secretarial/administrative support to the various boards and committees.

CITY Community Services is a community service of St Andrew's Cathedral, and a member of Singapore Anglican Community Services. CITY runs a befriending and mentoring programme in 10 primary schools. We are looking for full-time staff to strengthen our Befrienders team. Parttimers and temps are also welcome to apply.

Please send your resume in MS Word or PDF format to hr@cathedral.org.sg.

Closing date: 31 March 2020

Full details for all positions are posted on the notice board, and on the Cathedral website www.cathedral.org.sg

As part of **PraySingapore@12**, the bells at St Andrew's Cathedral will ring every day at NOON. A signal for Christians to PAUSE AND PRAY. We fix Our Eyes on God. We raise Our

Cry for Singapore. Will you chime in? Set your phone alarm to ring @12. Be part of the moment.

Prayer Prompter: cathedral.org.sg/prayat12



THE QUIET GARDEN RETREAT

Journey To Jerusalem Sat 4 April 2020, 9am to 1pm North Transept Hall

This retreat is free and ends with 'bring and share' lunch.

Register: https://tinyurl.com/TQG-Retreat-0420

Easter Vigil - Breakdown or Breakthrough Sat 11 April 2020, 9am to 5pm West House, SAC

Materials for meditation will be provided. Sign up: https://tinyurl.com/EasterVigil2020

Enquiries: priscillachua@cathedral.org.sg

MAKING OF PALM CROSSES

Volunteers (both men and women) are needed to make palm crosses on 4 April 2020 for Palm Sunday which falls on 5 April 2020. For those who are interested, please take note of the following details:

Date: 4 April 2020 (Saturday)

Time: 9.00 am To 4.00 pm (Tentative)

Venue: Pavilion

All are welcome to come and learn how to make the palm crosses. No registration is required. If you cannot come from 9am to 4pm, you may come and help out for one hour or more during this period.

In order to avoid sharing of equipments, please bring your own pair of scissors for cutting the palm leaves.

The gift of God is eternal life in Christ Jesus our Lord. Romans 6:23



PALM SUNDAY 5 APRIL

(Palm crosses will be distributed at each Service)

NOONTIME TALK 7 & 8 APRIL 12.30PM

8 April with Holy Communion Nave

MAUNDY THURSDAY 9 APRIL

7.30pm Maundy Thursday Eucharist *Nave* with Communion, Foot-washing Ceremony and Sung Tenabrae

GOOD FRIDAY 10 APRIL

8.00 am Good Friday Morning Service
Nave

12.00 – 3.00 pm Noon Service *Nave* "Seven Words from the Cross"

DIOCESAN SERVICES ON EVE OF EASTER.

SATURDAY 11 APRIL

3.00 pm Choa Chu Kang Cemetery3.00 pm All Saints' Memorial Chapel,Poh Huat Road

(Please submit names of members who have passed away in the past year or earlier, to be included for prayer of thanksgiving for their lives at these services, to the Cathedral Welcome Centre, Daisy at 6337 6104 ext 161 by Tue, 7 April 2020.)

EASTER SERVICES 11/12 APRIL

SATURDAY 11 APRIL

4.30pm Contemporary Service CNS

SUNDAY 12 APRIL

6.00am Dawn Service

with Holy Communion Nave

8.00am Holy Communion Nave

9.00am Holy Communion CNS

9.00am Tamil Service CFAP

11.15am Holy Communion Nave

11.30am Contemporary Service Prayer Halls

2.00pm Filipino Service North Transept Hall

2.00pm Myanmar Worship Service CNS

2.30pm Bahasa Indonesia Service

Classroom A

4.30pm Hokkien Alpha Prayer Halls

5.00pm Holy Communion *Nave*

www.cathedral.org.sg

SAC RESTORATION WORKS PROJECT, 2020-2022

This Project aims to repair and restore various parts of the Cathedral's historic building that have succumbed to environmental wear and tear. The Restoration Works will involve re-plastering



and re-painting of interior and exterior walls, timber carpentry, stone works, metal works, electrical works, plumbing and roof works. The Project is expected to take 3 years. Its cost of \$6million will be paid out from the Cathedral Heritage Fund (CHF) set up to fund this Project as well as future heritage and building works.

HOW TO GIVE

Cash - Use the "Heritage Fund" envelope and drop your cash into the Heritage Fund donation box or offertory bags

Cheques – Pay to "St Andrew's Cathedral". Write "Heritage Fund" on the reverse side and include your name and mailing address.

Online transfer

Account Name: St Andrew's Cathedral Account Number: DBS Autosave 033-019550-8 PayNow: Heritage Fund UEN - T08CC4055LHF1

The CHF, as of 8 March 2020:

From English Congregation: \$1.2m From Mandarin Congregation: \$1.2m

Grant from Preservation of

Sites & Monuments Board: \$0.98m

Donations pledged/received

from SAC members/friends: \$1.29m

Balance to be raised:

Please visit cathedral.org.sg/chf for more details.

\$1.33m

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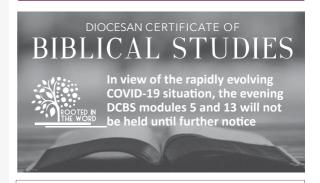
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The Cathedral Podcast

Listen to episodes at cathedral.org.sg/podcast

FAITH IN SICKNESS

Surely God does not want us to be sick? Rev Wong Tak Meng guides us pastorally and Scripturally to learn how to view and go through sickness, individually and as a church.

We warmly welcome you to St Andrew's Cathedral

Please complete and return this portion to	the ushers or the Info Desk, or simply drop it into an offering bag.	
Your Name :		
Sex : F/M Age: 12-18 19-25 26	6-44	
Telephone:	(HP) Email:	
☐ I am a visitor. I would like to be contacte ☐ I wish to attend an Alpha Course. ☐ I wish to be a member of St Andrew's Ca	\square I wish to join a Connect group.	
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